

**EU** ERA  
UNIVERSITY

# NEWS LETTER

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📍 Era University, Sarfarazganj, Hardoi Road, Lucknow-226003



## EDITORIAL

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### From the Editor's Desk

The 2024 annual issue of Era University Newsletter highlights the culmination of yearly academic and extra-curricular activities, starting with the Orientation programs which culminate the beginning of the Odd Semester on campus. This volume reflects on significant conferences and visits, particularly the National Conference on Emerging Trends in Neurosciences.

Era University hosted special workshops on diverse topics, providing hands-on training on Pain Management and Palliative Care, LCMS/MS in Clinical Proteomics, Writing Skills, Learning French, Harmonizing Music, Language Learning and Happiness, Geriatric Health, to name a few, all contributing to enriching academic discussions.

The Annual Cultural Fiesta and Sports Meet brought a festive and jubilant spirit to the campus activities while the celebration of special days - such as Pharmacist Day, Teacher's Day, Contraception Day, Heart Day, Mental Health Day, Radiology Day, and International Women's Day-further enhanced our vibrant community life. The Creative Club hosted various 'Social Welfare Activities' and creative programs round the year and encouraged student participation, highlighting the plethora of opportunities available on campus for student engagement that helps them learn teamwork and collaboration, cultural awareness, critical thinking, time management and leadership skills.

As we reflect on a year filled with learning and celebration, we look forward to continuing this momentum in the future. We wish you a great reading experience while taking you through the year's sojourn filled with growth, innovation and inspiration.

**Dr. Rupali Mirza**  
Editor-in-Chief  
Era University Newsletter



## CONTENTS

<b>Editorial</b>	<b>Editorial Board</b>	<b>1</b>
<b>Conferences, Visits and Summits</b>	<b>National Conference on Emerging Trends in Neurosciences</b>	<b>3</b>
	<b>Visit of Prof. D. K. Gupta, Former Vice Chancellor, King George's Medical University, Lucknow</b>	<b>3-4</b>
	<b>Award and Letter distribution of Mission Niramaya Program at SGPGI, Lucknow</b>	<b>4</b>
	<b>Lamp Lighting Ceremony</b>	<b>4</b>
	<b>Visit of Dr. Sardor Mirzayusupovich Rustambaev, Ambassador, Uzbekistan</b>	<b>5</b>
	<b>Asia Summit 2024 : Singapore</b>	<b>5</b>
	<b>Education Leadership Summit &amp; Award - 2024</b>	<b>5</b>
<b>Seminars, Workshops and Guest Lectures</b>	<b>Guest Lecture on Research Visibility</b>	<b>6</b>
	<b>Workshop on Chronic Pain Management and Palliative Care</b>	<b>6</b>
	<b>Hands-on workshop on the LCMS/MS in Clinical Proteomics</b>	<b>7</b>
	<b>National Accreditation Board for Testing and Calibration of Laboratories (NABL)</b>	<b>7</b>
	<b>Workshop on Writing Skills</b>	<b>8</b>
	<b>Guest Lecture on Research Ethics</b>	<b>8</b>
	<b>International Symposium on Genomics in Cardiovascular Health</b>	<b>9</b>
	<b>Workshop on Why Learn French</b>	<b>9</b>
	<b>Workshop on Harmonizing Music, Language Learning and Happiness</b>	<b>9-10</b>
	<b>CME Cum Workshop on Simulator Based USG</b>	<b>10</b>
	<b>NAMS-Guest Lecture (Respiratory Medicine)</b>	<b>10-11</b>
	<b>Ulster University, U.K. supported Indo-UK-Nepal Symposium</b>	<b>11</b>
	<b>CME Workshop on Geriatric Health</b>	<b>11-12</b>
	<b>Guest lecture on the topic "To choose and not to choose"</b>	<b>12</b>
	<b>Interactive Discussion on Value Creation</b>	<b>12-13</b>
	<b>The Indian Academy of Neurosciences (IAN) Symposia</b>	<b>13</b>
	<b>International Symposium on Professional Attributes for Clinical Practices and Aspiring Dieticians</b>	<b>13</b>
<b>Guest lecture by Dr. Abdul Wase from Wright State University, Ohio, USA</b>	<b>13</b>	
<b>Deeksharambh 2023 : Students Induction</b>	<b>Orientation Program for Nursing Students</b>	<b>14</b>
	<b>Orientation Program for Students of Bachelor Degree of Science</b>	<b>14-15</b>
	<b>Orientation Program for MBBS Students</b>	<b>15</b>
	<b>Orientation Program for Students of Diploma and PG/Master Courses</b>	<b>16</b>
	<b>Ph. D. Orientation Program 2023</b>	<b>16</b>
<b>Sports &amp; Training</b>	<b>Sports and Cultural Event UDGHOSH-2023, Clubfoot Training Program</b>	<b>17</b>
	<b>Master Training Program</b>	<b>18</b>
	<b>Inauguration of a groundbreaking initiative Eklavya Kakshayen</b>	<b>18</b>
<b>National and International Days</b>	<b>Teachers Day Celebration</b>	<b>19</b>
	<b>World Pharmacist Day 2023</b>	<b>19-20</b>
	<b>World Contraception Day</b>	<b>20</b>
	<b>World Heart Day 2023, World Mental Health Day 2023</b>	<b>21</b>
	<b>World Radiology Day</b>	<b>22</b>
	<b>National Youth Day - 2024</b>	<b>22-23</b>
	<b>75<sup>th</sup> Republic Day, International Women's Day - 2024</b>	<b>23</b>
	<b>World Optometry Week, Blood Donation Camp on Nurses Day</b>	<b>24</b>
	<b>International Nurses Day 2024</b>	<b>24-25</b>
<b>International Yoga Day 2024</b>	<b>25</b>	
<b>Creative Activities</b>	<b>Creative Arts Club</b>	<b>25-26</b>
	<b>Kite Fest organized at Era University by Creative Arts Club</b>	<b>26</b>
	<b>Malang - College Fest &amp; Quiz Competition</b>	<b>26</b>
	<b>Visit to Aastha, Old Age Home by Creative Arts Club</b>	<b>26-27</b>
	<b>Social Outreach Campaign at Orphanage</b>	<b>27</b>
	<b>Painting Competition and Plantation Drive</b>	<b>27</b>
<b>Social Welfare Activities</b>	<b>Tablet Distribution Program</b>	<b>28</b>
	<b>Ayushman Bharat Ke 5 Saal Bemisaal</b>	<b>28</b>
	<b>Bank of Baroda Organized a Felicitation Function</b>	<b>28-29</b>
	<b>Alumni Meet 2024</b>	<b>29</b>
	<b>ELMC&amp;H – First Baby-Friendly Hospital</b>	<b>30</b>
<b>MOUs</b>	<b>Memorandum of Understanding (MOU) with FLPL</b>	<b>31</b>
	<b>Memorandum of Understanding (MOU) with IISR</b>	<b>31-32</b>
	<b>Memorandum of Understanding (MOU) with Russian Universities</b>	<b>32</b>
	<b>Memorandum of Understanding (MOU) with DRMLAU</b>	<b>32</b>
	<b>Memorandum of Understanding (MOU) with HCL</b>	<b>33</b>
<b>Research &amp; Publication</b>	<b>Research and Publication at Era University</b>	<b>34</b>
	<b>Intramural Research Project : 2023-24</b>	<b>35-36</b>
	<b>Extramural Research Project : 2021-24</b>	<b>37</b>
<b>Awards/Achievements</b>	<b>Awards/Achievements Received by Faculty Members 2023-24</b>	<b>38</b>
<b>Book Publication</b>	<b>Books/Book Chapter published by Faculty Members 2023-24</b>	<b>39</b>

## National Conference on Emerging Trends in Neurosciences

Era University hosted a **National Conference on "Emerging Trends in Neurosciences"** on the 12<sup>th</sup> October, 2023. The event took place at Era College of Pharmacy, bringing together professionals, experts, and students from the fields of Pharmacology and Neurosciences.

This milestone conference, with an attendance of more than 200 participants from various colleges in Uttar Pradesh, aimed to foster in-depth presentations, interactive sessions, and knowledge exchange on cutting-edge research and developments in Neurosciences. It also provided a platform for the sharing of research findings, technical evaluations, and reviews, demonstrating the institution's commitment to advancing the field of Neurosciences.

The event was graced by the presence of eminent dignitaries, with Dr. G. N Qazi, Chief Executive Officer of Hamdard Institute of Medical Sciences & Research and ex-Vice Chancellor, Hamdard University, New Delhi, as the Chief Guest and Prof. Abbas Ali Mahdi, Vice Chancellor, Era University, presiding over the function. Their presence underscored the significance of this conference in the healthcare landscape.

The theme of the conference revolved around the critical role that Neurosciences play in healthcare systems, emphasizing their substantial contributions to the well-being of society. Distinguished speakers, including Prof.(Dr.) S.J.S Flora, Dean, Era College of Pharmacy; Prof. (Dr.) Hardeep Singh Malhotra, Department of Neurology, KGMU; Prof. (Dr.) Bhuwal Ram, Head of the Faculty of Ayurveda, BHU, Varanasi, Prof. (Dr.) R.K. Goel, Dean, Punjabi University, Patiala; and Dr. Manisha Singh, Research Scientist at Flinders University Australia, shared their valuable insights on the pivotal role of Neurosciences in ensuring the health and welfare of the community.



## Visit of Prof. D. K. Gupta, Former Vice Chancellor, King George's Medical University, Lucknow

A function was organized by Era University on 21<sup>st</sup> December, 2023 to welcome Prof. D. K. Gupta, Former Vice Chancellor, King George's Medical University, Lucknow, Former General Secretary, National Academy of Medical Sciences, New Delhi and Former Head of the Department, Pediatrics Surgery, AIIMS, New Delhi along with Prof. Dhavendra Kumar from the William Harvey, Research Institute, The London School of Medicine, Queen Mary University of London, U.K., who is clinically acknowledged genetic and genomic clinician with special interests in clinical genetics and genomic medicine. They visited different facilities at Era University including the Skill lab and Performance Innovation Centre and complimented Era University for making excellent progress during last couple of years of its establishment as also for establishing new facilities like Skill Laboratory, Animation Lab., Personalized Medicine Department and Molecular Diagnostic Lab.

On this occasion, Prof. D.K. Gupta was also felicitated with the lifetime achievement award of Indian Academy of Biomedical Sciences by Hon'ble Vice Chancellor, Era University, Prof. (Dr.) Abbas Ali Mahdi in the presence of Hon'ble Pro Vice Chancellor, Prof. Farzana Mahdi, Prof. M.M.A Faridi, Dean (Emeritus), Prof. Sher Ali, Emeritus Professor, Prof. Jamal Masood, Principal, ELMCH, Prof. Anu Chandra, Registrar, Prof. Tasleem Raza, Controller of Examination amongst others.





### Lamp Lighting Ceremony

### Award and Letter distribution of Mission Niramaya Program at SGPGI, Lucknow

Under the leadership of Hon'ble Chief Minister, Yogi Adityanath Ji, Government of Uttar Pradesh got all Nursing and Paramedical College of Uttar Pradesh assessed through a team of experts from Quality Council of India.

Era College of Nursing and Era College of Paramedical Sciences both bagged "A" rated Institute and were given "Certificate of Excellence". Prof. S. Riaz Mehdi, Dean, Faculty of Paramedical Sciences and Prof. Priscilla Samson, Dean & Principal, College of Nursing, received the certificates on behalf of Era University from Deputy Chief Minister, Shri Brijesh Pathak in presence of Minister of State for Medical Education and Health, Shri Mayankeshwar Sharan Singh, Principal Secretary Medical Education, Shri Alok Kumar, Director General Medical Education & Research, Smt. Kinjal Singh, at the stately reception held on 12<sup>th</sup> September, 2023 at SGPGIMS, Lucknow.

"Lamp Lighting Ceremony" of Era College of Nursing, Era University, Batch-2023 was held on 26<sup>th</sup> September, 2023. Prof. (Dr.) Alok Kumar, Secretary, UP State Medical Faculty was the Chief Guest of the ceremony. Hon'ble Vice Chancellor of Era University, Prof. (Dr.) Abbas Ali Mahdi presided over the function. The ceremony was also graced by Prof. Farzana Mahdi, Pro Vice Chancellor, Era University.

Nursing Teachers received the light from Principal, Era College of Nursing, Prof. Priscilla Samson and students marched on the tune of Pandit Ravi Shankar and received the light from their teachers in a traditional manner. The Nursing pledge was administered by Principal, Era College of Nursing, Prof. Priscilla Samson.

Speaking on the occasion, Hon'ble Vice Chancellor, Prof. Mahdi said that nursing is a noble profession and a lot is expected from nurses, including empathetic attitude, discipline, dedication and devotion towards the job. Prof. Alok Kumar said that Era College of Nursing is one of the best Nursing Institutions in the state of Uttar Pradesh and recently it has been graded as "A" grade in Uttar Pradesh. He motivated the students to excel in their studies so that they earn prestige for themselves and the institution.

Prof. Dipti Shukla, Principal, Samarpan Nursing College was the Guest of Honour on the occasion.



## Visit of Ambassador, Uzbekistan

Dr. Sardor Mirzayusupovich Rustambayev, Ambassador Extraordinary and Plenipotentiary of "The Republic of Uzbekistan" to "The Republic of India" visited Era's Lucknow Medical College and Hospital, Era University, Lucknow U.P. on 11<sup>th</sup> July, 2024. Mr. Khurshidbek Samiev, Counsellor, Embassy of the Republic of Uzbekistan, Dr. Alakh Singh, Official Representative of Uzbekistan Embassy in India were also with him.

Hon'ble Chancellor, Mr. Mohsin Ali Khan and Hon'ble Vice Chancellor, Prof. (Dr.) Abbas Ali Mahdi, Era University welcomed His Excellency in the presence of Assistant Director Administration, Mr. Zaw Ali Khan, Dr. (Prof.) M.M.A. Faridi, Dean Emeritus, Mr. M.H. Rizvi, Finance Officer, Dr. (Prof.) Jamal Masood, Principal, ELMC&H, Prof. (Dr.) Anu Chandra, Registrar, amongst others.



## Asia Summit 2024 : Singapore

Prof. Syed Shadab Raza, Department of Biotechnology, received the prestigious invitation to deliver a talk at the Cell and Gene Therapy Panel at the Asia Summit 2024, held at the National Cancer Centre, Singapore, from 18-20 July 2024.

As a distinguished speaker, he was invited to represent India's advancements in the rapidly growing field of cell and gene therapy. During the session, Prof. Syed Shadab Raza not only successfully showcased his groundbreaking research but also highlighted India's pivotal role and emerging leadership in this transformative area of biomedical science. His presentation was met with great appreciation, further cementing India's global reputation in cutting-edge medical research and innovation.



## New Normal : Education Leadership Summit & Award - 2024

Prof. (Dr.) Jamal Masood, Principal and Chief Medical Superintendent, Era's Lucknow Medical College and Hospital, Era University, Lucknow participated in the Education Leadership Summit held on 2<sup>nd</sup> August, 2024 at Hotel Taj Mahal, Lucknow. He has been awarded 'Certificate of Appreciation' for his Valuable and Exemplary contribution in Education.



(Receiving Certificate of Appreciation in Education Leadership Summit)



## Guest Lecture on Research Visibility

Era University organized a Guest Lecture on September 9<sup>th</sup>, 2023 by Prof. (Dr.) Elsa Sanatombi Devi, Director, MFILPIE, MAHE, Manipal, Karnataka, on "Research Visibility". Prof. Devi spoke at length on the importance of sharing the research findings by making them visible and accessible so as to increase chances of research being noticed, used and having impact. She further stated that visibility of research also increases the reputation and chances of success of the researchers. Prof. Devi stated that the activities related to promoting their research can take place at all stages of the research process: from the discovery stage to analysis, writing process and finally to publishing, outreach and assessment.

Vice Chancellor of Era University, Prof. Abbas Ali Mahdi welcomed the guest speaker and emphasized the importance of sharing research findings with the peers and public at large so as to have greater impact in the research arena. He said that making research visible makes it more citable and people may accept, reject or even ignore your findings but it does get noticed by the public at large.

Prof. Sucheta P. Dandekar, Department of Biochemistry conducted the program which was attended by a large number of faculty members, research scholars and students. Concluding the program Prof. Dandekar stated that researchers have a variety of activities and tools to promote work, connect with other researchers, and engage in scholarly discourse.



## Workshop on Chronic Pain Management and Palliative Care

A workshop on Chronic Pain Management and Palliative Care was organized on September 21<sup>st</sup>, 2023 by the Department of Radio diagnosis, Era's Lucknow Medical College and Hospital, Era University, Lucknow in collaboration with Cancer Aid Society, Lucknow.

This event was graced by the chief guest Prof. Abbas Ali Mahdi, Hon'ble Vice Chancellor, Era University. Guest speaker of this event was Dr. Sanjay Dhiraaj, Chief Medical Superintendent and Professor of Anaesthesiology, SGPGIMS, Lucknow.

Speaking on the occasion, Prof. Mahdi emphasised the need of palliative care and pain management. He said that efforts must be made to start specialization and super specialization teaching programs in these important areas. He said that not only management of end stage patients is important but equally important is to educate and train the care givers as they also pass through great emotional distress. Prof. Dhiraaj spoke in detail on palliative care and said that proper care of the patients suffering from disease such as Cancer, Alzheimer's disease and other end stage diseases is very important. Dr. Anurag Agrawal from Dr. Ram Manohar Lohia Institute of Medical Science, Lucknow, spoke about intervention in Cancer pain and Dr. Sarita Singh, from the Department of Anaesthesiology, King George's Medical University, Lucknow, spoke on cancer pain and supportive care.

This program started with the welcome address by Prof. Jamal Masood, Principal and Chief Medical Superintendent of the Era's Lucknow Medical College and Hospital and in the end, Prof. D.P. Gupta, President, Cancer Aid Society proposed the vote of thanks. The program was coordinated by Prof. Taruna Singh from the Department of Radiotherapy and Dr. Piyush Gupta, Secretary, Cancer Aid Society and National Association of Palliative Care for AYUSH and Integrative Medicine and was attended by a large audience including members of Cancer Aid Society.



## Hands-on workshop on the LCMS/MS in Clinical Proteomics

Era's Lucknow Medical College and Department of Biotechnology organized a hands-on workshop on the topic of "LCMS/MS in Clinical Proteomics" on 25<sup>th</sup> October, 2023.

The conference brought together experts, academicians, researchers, students, scientists and clinicians, providing them a comprehensive platform to identify key disease markers in human samples to provide a range of short, medium and long term diagnosis and their treatments through application of Liquid Chromatography Mass Spectrometry. LCMS/MSM allows the more precise identification and quantification of bio-molecules and metabolites. Three key speakers were available for their plenary lecture.

The lecture was delivered by Dr. Nirpendra Singh, Scientist, INSTEM Bangalore on the "Novel tools of identification of haemoglobin disorder." This talk comprises of new method development to identify the unknown mutation in Haemoglobin using high resolution mass spectroscopy.

During the second lecture, Dr. Shadab Ahmad discussed about the mass spectrometry which has revolutionized the ability to analyse complex biological molecules, offering critical insights into disease diagnosis, drug development and personalized medicine. The third lecture was given by Dr. Himanshu Tyagi who is the area manager of Sciex Company that deals with the mass spectrometry and techniques. He discussed the LCMS/MS QTRAP 4500 as well as their applications in clinical diagnosis. The valedictory function included the address by Hon'ble Vice Chancellor of Era University, Prof. (Dr.) Abbas Ali Mahdi who blessed the audience and discussed the role of LCMS/MS and other high end techniques about the detection of biomarkers, amino acids, and metabolomics.



## National Accreditation Board for Testing and Calibration of Laboratories (NABL) Workshop

Two days National Accreditation Board for Testing and Calibration of Laboratories (NABL) - Consortium of Accredited Healthcare Organisation (CAHO) Awareness program was hosted by Era University, Lucknow, on 16<sup>th</sup> and 17<sup>th</sup> December, 2023. Prof. Farzana Mahdi, Hon'ble Pro Vice Chancellor, Era University, Lucknow addressed the program with her encouraging words for all the participants. She laid emphasis on the importance of quality in testing by Medical Laboratories.

Ms. Syed Tahira Rizvi, Assistant Director, NABL, Gurugram, Delhi was faculty for the programme. She enlightened the participants on the latest version of ISO:15189:2022. She solved queries related to NABL accreditation of the participants. The participants were from various Accredited Laboratories, Applicants Labs, and others who wish to go for NABL Accreditation in future. Around 100 participants from KGMU, SGPGIMS, RMLIMS, Era Medical College and Hospital, Integral University, T.S. Mishra Medical College, Medanta Hospital, Apollo Medics Hospital, Sahara Hospital, Fatima Hospital, St. Joseph Hospital, Chandan Hospital, etc participated.

This two days workshop was coordinated by Dr. Fareya Haider, Department of Microbiology, ELMCH. The participants were encouraged to perform testing with quality as per ISO:15189:2022 requirements. The program was successfully conducted and concluded by distribution of NABL-CAHO certificates to all participants.



## Workshop on Writing Skills

A Two-Day Workshop on Writing Skills was organized by the Department of English, Era University on 30<sup>th</sup> and 31<sup>st</sup> January, 2024 for training the Clerical and Office Staff. On Day one, the first session on '**How to Write Effectively**' was conducted by Dr. Rupali Mirza and Ms. Ingeela Kazmi. The next session on '**Importance of Vocabulary, Grammar, Spelling and Structure**' was taken by Dr. Aqeel Abbas, the last session for the day was on '**Note-taking during Telephonic Conversation**' which was administered by Mr. Kaunain Abidi.

On Day two, the first session was on '**Writing Practice and Brainstorming**' which was conducted by Ms. Saleha Jafri, the second session was on '**Official Communication-Letters and E-mail Writing**' which was taken by Ms. Vishakha Mehrotra and the last session for the day was on '**Official Documentation**' which was conducted by Mr. Kuldeep Singh and Mr. Ram Laxhan Jaiswal from the Human Resource Department, Era University.

The workshop was concluded by the valedictory, during which Prof. Farzana Mahdi, Pro-Vice Chancellor, graced the occasion as the 'Guest of Honour'. In her address, she encouraged the office and clerical staff of Era University to attend more of such trainings so as to polish their skills and contribute to the growth of the organization and also to concentrate on their individual growth.

The vote of thanks was delivered by Dr. Rupali Mirza, Head, Department of English. The valedictory function was attended by Dr. Ghazala Zaidi, Assistant Registrar, Prof. Krishna Dutt, Prof. Meeta Ghosh, Dr. Tabrez Jafar and other faculty members. The workshop was organized by the faculty members from the Department of English, namely, Dr. Rupali Mirza, Dr. Aqeel Abbas, Ms. Saleha Jafri and Ms. Vishakha Mehrotra. The Department of English was assisted by Department of Soft Skills and Human Resource Department in this endeavor.



## Guest Lecture on Research Ethics

Department of English in collaboration with the Ph.D. Cell organized Guest Lecture on '**Research Ethics**' for all Ph.D. Scholars on 8<sup>th</sup> February 2024, 11 a.m. onwards in the Mini Auditorium, Era University, Lucknow.

The Resource Person for the lecture was Prof. Dr. Tanveer Khadija, Head, Department of English and Modern European & Asian Languages, Khwaja Moinuddin Chisti Language University, Lucknow. The program started with a welcome speech by Dr. Aqeel Abbas, followed by introductory video and foundation by Ms. Saleha Jafri and Ms. Vishakha Mehrotra, Faculty members from the Department of English. The Guest Lecture by Prof. Tanveer Khadija was a guiding pathway for the Research Scholars who were oriented about the nuances of ethical research. They were apprised about the notions of IPR; Intellectual Property Rights, Copyright, Plagiarism, Referencing and Citation and other important concepts of 'Ethical Research' writing and documentation.

The lecture was followed by memento presentation to the Resource Person, Prof. Tanveer Khadija by Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi and Pro-Vice Chancellor, Prof. Farzana Mahdi. The Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi felicitated the organizing team, namely, Prof. Jamal Masood, Event Incharge, Principal and CMS, ELMC&H and Chairperson, Ph.D. Cell, Dr. Rupali Mirza, Convener of the program and Head, Department of English, Ms. Saleha Jafri, Dr. Mirza Aqeel Abbas and Ms. Vishakha Mehrotra, Organizing Secretaries and faculty members from the Department of English.

The program ended with a vote of thanks by Dr. Rupali Mirza, Head, Department of English. The Guest Lecture was attended by all the Ph.D. scholars enrolled at Era University, dignitaries including, Principal and CMS, ELMC&H and Chairperson, Ph.D. Cell, Prof. Jamal Masood, Dean Research and Development, Prof. Sher Ali, Dean, Faculty of Science, Prof. A.K. Srivastava, Placement Incharge, Mohd. Azharuddin and other faculty members from Era University.



## International Symposium on Genomics in Cardiovascular Health

A one day International Symposium on Genomics in Cardiovascular Health (Hybrid Mode) was organized by Department of Personalized & Molecular Medicine, Era University, Lucknow under the aegis of Indian Society of Personalized Medicine on 28<sup>th</sup> February, 2024. The aim of the Symposium was to bring the scientists, clinicians and academicians on one platform so that the cutting edge research carried out in the field of cardiovascular health could be translated for the better personalized care in hospital system. An exciting and informative scientific program was prepared by the scientific committee in which excellent interactive sessions by world renowned experts were conducted.

Chief Guest, Prof. Sher Ali, Emeritus Professor, Era University, Lucknow inaugurated the symposium in the presence of Guest of Honor Prof. (Dr.) Ammira Al-Shabeeb Akil, Sidra Medicine, Doha, Qatar and Prof. (Dr.) Hari S. Sharma, Erasmus MC, University Medical Center, Rotterdam, The Netherlands. The program started with the welcome address by Prof. Farzana Mahdi, Pro Vice Chancellor of Era University, Lucknow. She welcomed all the dignitaries and congratulated the organizing team for organizing the symposium of this magnitude and hoped that this symposium will benefit the young researchers and clinicians.



## Workshop on Why Learn French

The Department of Happiness & French, Era University organized an interactive session titled "Pourquoi apprendre le français?" (Why Learn French?) on 2<sup>nd</sup> March, 2024 at the Mini Auditorium, University Building. It was conducted by Mr. Tristan Marc, who is a native french speaker, a french language expert and a francophone. This being Mr. Marc's first visit to Era University, he was very pleased to interact with the Pro-Vice Chancellor, Era University, Prof. Farzana Mahdi, under whose guidance and encouragement, this session could be made possible.

The session aimed to create awareness about the importance and benefits of learning the French language, exploring its cultural richness, and fostering connections between individuals and communities. Mr. Tristan Marc brought forth a wealth of experience and passion for language learning, offering participants valuable insights into the significance of mastering French in today's globalized world.

During his lecture, Mr. Marc stressed on the importance of learning a foreign language; particularly French. He shared insights on the need for learning French in India as India's relationship with the French language extends beyond mere linguistic acquisition; it embodies a gateway to cultural exchange, economic opportunities, and diplomatic relations. With India's growing presence on the global stage, proficiency in French opens doors to collaboration in various sectors such as business, technology, education and tourism.



## Workshop on Harmonizing Music, Language Learning and Happiness

A One-Day Workshop on 'Harmonizing Music, Language Learning and Happiness' was organized at Era University, Lucknow on 6<sup>th</sup> March, 2024. The program was organized to educate the students of Era College of Nursing and Department of Biotechnology, Era University with a two-fold mission, firstly, to learn language with the aid of music and secondly, to learn how to appreciate music and use it for one's over-all wellness.

There were four sessions organized throughout the day by the resource person from the Department of English and the Department of Happiness, namely, Prof. Meeta Ghosh, Head, Department of Happiness, Dr. Rupali Mirza, Head, Department of English, Dr. Farah Bano, Ms. Syed Saleha Jafri, Dr. Mirza Aqeel Abbas, Ms. Vishakha Mehrotra, Dr. Shazia Fatima, Ms. Ingeela Kazmi and Ms. Abeer Shahid. The faculty members from both the departments organized informative sessions concluded by the valedictory session.

The Vote of thanks was proposed by Prof. Meeta Ghosh, Head, Department of Happiness.



### NAMS-Guest Lecture (Respiratory Medicine)

A CME was organized at Era's Lucknow Medical College and Hospital, Era University, Lucknow by State Chapter U.P., National Academy of Medical Sciences (India) in association with Chest Care and Research Society on 18<sup>th</sup> March, 2024. During the program a lecture was delivered by Dr. (Prof.) P.K. Vedanthan, MD Clinical Professor of Medicine, and University of Colorado Denver, Colorado, USA, who was the guest speaker for CME. Dr. (Prof.) K.B. Gupta, HOD, Department of Respiratory Medicine, ELMCH, Lucknow welcomed the guests. Dr. (Prof.) P.K.Vedanthan in his lecture laid emphasis on drug allergy and how history taking plays a crucial role in the diagnosis of drug allergy and that it should be taken in an elaborate manner. He further talked about de-labeling of Drug Allergy.

The CME was inaugurated by Prof. (Dr.) Abbas Ali Mahdi, FAMS, Vice Chancellor, Era University, Lucknow. He also shared his views regarding various drug allergies. Prof. (Dr.) Farzana Mahdi, FAMS, Pro Vice Chancellor, Era University, Lucknow was the Guest of Honor. Before the guest lecture Dr. (Prof.) Rajendra Prasad, FAMS, Chairperson/Convener, State Chapter (UP), National Academy of Medical Sciences (India), Director of Medical Education and Professor, Department of Respiratory Medicine, ELMCH, Lucknow spoke about the National Academy of Medical Sciences, India and requested everyone to be a part of the academy and to organize regular CME. The CME was also attended by Dr. (Prof.) Jamal Masood, Principal and CMS ELMCH, Lucknow, Dr. M.M.A. Faridi, Dean Emeritus ELMCH Lucknow. Around 100 Faculty, Postgraduate students, Undergraduate students and Nursing students attended the CME. Several Fellows and Members of the National Academy also attended online.

A vote of thanks was delivered by Dr. Anand Verma who concluded the programme and thanked everyone who attended the CME.



### CME Cum Workshop on Simulator Based USG

Department of Obstetrics and Gynaecology in collaboration with Department of Radiodiagnosis, Era's Lucknow Medical College & Hospital, Era University, Lucknow jointly conducted 1<sup>st</sup> CME cum workshop on "Simulator based USG" on 13<sup>th</sup> March, 2024 for postgraduates students under the guidance of Hon'ble Vice Chancellor of Era University, Prof. (Dr.) Abbas Ali Mahdi, Pro Vice Chancellor, Prof. (Dr.) Farzana Mahdi, and Prof. (Dr.) Jamal Masood, Principal, Era's Lucknow Medical College & Hospital.

CME was inaugurated by Chief Guest, Dr. Suboohi Rizvi, Director, Mother's Clinic and Ultrasound Centre, Gurgaon. The program started with the talk by Dr. Iqbaljeet Kaur, Assistant Professor, Department of Radiodiagnosis, ELMC where she discussed about the Basics of ultrasound. The CME was well attended by many undergraduate and postgraduate students of various departments of Era's Lucknow Medical College & Hospital, Era University, Lucknow.





### Ulster University, U.K. supported Indo-UK-Nepal Symposium

One day Ulster University, U.K. supported Indo-UK-Nepal Symposium on *"Use of Artificial Intelligence in Mitigation of Lead Toxicity"* was organized by the Department of Biotechnology, Era University, Lucknow and Department of Biochemistry, King George's Medical University, Lucknow on 30<sup>th</sup> March, 2024. The aim of Symposium was to deliberate over Machine Learning (ML) techniques for lead toxicity modeling using the aid of technology and through the integration of disciplines like Computing, Molecular Medicine, Biochemistry, Neonatology and Gynaecology and to create awareness among the students and the public at large about the toxic effects of lead.

The prominent speakers who were present and spoke on the occasion included **Prof. (Dr.) Thuppil Venkatesh** (Lead Man of India), Professor Emeritus, St. John's Medical College, Bangalore, **Prof. (Dr.) N. Shashidhara**, National Vice President, Indian Society for Lead Awareness & Research (InSLAR-India), **Dr. Prathepan Yogarajah**, Lecturer, Computer Science, School of Computing, Eng & Intel. Sys, Ulster University, UK, **Dr. Priyanka Chaurasia**, Lecturer, Data Analytics, School of Computing, Eng. & Intel. Sys, Ulster University, UK, **Dr. Keyoor Gautam**, Chairman, Samyak Diagnostic Pvt. Ltd., Nepal, **Prof. (Dr.) Sudhir Mehrotra**, Head, Department of Biochemistry, Lucknow University, Lucknow, **Prof. (Dr.) S.J.S. Flora**, Dean, Era University, Lucknow and **Prof. Abbas Ali Mahdi**, Vice Chancellor, Era University, Lucknow.

### CME Workshop on Geriatric Health

CME Workshop on Geriatric Health was organized on 19<sup>th</sup> April, 2024 by the Department of Community Medicine, Era's Lucknow Medical College and Hospital Lucknow. This workshop aimed to impart training to the various faculty members from General medicine, Respiratory Medicine, Community Medicine, Geriatric Medicine, Psychiatry and other departments so that they could provide quality care and embrace a comprehensive approach to geriatric health.

To facilitate this initiative, a proposal for the workshop titled **"Geriatric Health"** was sent to Dr. Umesh Kapil, Secretary of the National Academy of Medical Sciences (NAMS). Established in 1961, NAMS has been actively involved in organizing CME activities to keep healthcare professionals updated with developments in the different specialized field. Dr. Umesh Kapil played a pivotal role in organizing this CME workshop sponsored by NAMS.

The inaugural function commenced at 10:00 am with a floral welcome extended to dignitaries.

The distinguished guests included Prof. (Dr.) Abbas Ali Mahdi, Vice Chancellor, Era University; Prof. (Dr.) Farzana Mahdi, Pro Vice Chancellor, Era University; Prof. (Dr.) Jamal Masood, Principal and CMS ELMCH; Prof. Amita Jain, Dean Faculty of Medicine, KGMU; Prof. (Dr.) Kausar Usman, Department of Medicine; Dr. Gowri N Sen Gupta, DDG(PH) & Director (CHEB), DGHS, Ministry of Health & Family Welfare.

Following this, a ceremonial lighting of the lamp was conducted by notable figures. Dr. Wafa Shamim and Dr. Shahbaz Patel, Junior Resident, Department of Community Medicine anchored the CME Workshop. Prof. (Dr.) Jamal Masood, Principal and CMS, Era's Lucknow Medical College and Hospital, delivered the welcome address. He greeted and welcomed Prof. (Dr.) Abbas Ali Mahdi, Vice Chancellor, Prof. (Dr.) Farzana Mahdi, Pro Vice Chancellor, Dr. Amita Jain, Observer NAMS, Dr. Gowri N Sen Gupta, Dr. Kausar Usman, Dr. Pankaj Bharadwaj, All the HODs, Faculty and Delegates attending the CME Workshop.



## Guest lecture on the topic "To choose and not to choose"

Department of Liberal Education in collaboration with Department of Happiness, Era University, Lucknow organized a guest lecture on the topic "To choose and not to choose" for students and faculty members of Era University on 1st May, 2024. The guest speaker of the day was Dr. Amrita Das, Founder Director, Institute of Career Studies, Lucknow.

The program started with the welcome address by Prof. Meeta Ghosh, Head, Department of Happiness followed by the address of Dr. Sheeba Rizvi, Head, Department of Liberal Education, where she provided a glimpse of the Department of Liberal Education. Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi in his address, shared words of wisdom with the audience and appreciated the efforts of Department of Liberal Education in creating revolution in higher education. Dr. Amrita Das in her address applauded Era University for being the first university in Uttar Pradesh starting the Department of Liberal Education as well as Department of Happiness. In her address she guided students to make right conscious choice at each step of life to be contained and happy.



## Interactive Discussion On Value Creation

Era University, Lucknow organized a successful interactive discussion on **Value Creation** by internationally acclaimed author and researcher Dr. Gautam Mahajan, President, Customer Value Foundation and Dr. Amrita Das, Founder-Director of Institute of Career Studies (ICS) on 24<sup>th</sup> May, 2024, Friday. This program was exclusively attended by the faculty members from the Department of Happiness, the Department of Liberal Education, the Department of Soft Skills and representatives from various departments of Era Medical College. The event started by Hon'ble Vice Chancellor, Era University, Prof. (Dr.) Abbas Ali Mahdi welcoming the guests with a bouquet of flowers.

The session began with the welcome address by Prof. Meeta Ghosh, Head, Department of Happiness and French. Further, the Hon'ble Vice Chancellor, Era University, Prof. (Dr.) Abbas Ali Mahdi addressed the guests and faculty members and highlighted the core values of the Era Group of Institutions that functions as an organization governed by the heart.



### The Indian Academy of Neurosciences (IAN) Symposia

The Indian Academy of Neurosciences (IAN) in association with Era University organized a symposium on "Trends in Basic and Clinical Neuroscience Research" at Era University on 19<sup>th</sup> June, 2024. Prof. Syed Shadab Raza, IAN Secretary and Professor of Biotechnology at Era University was the organizing secretary of the symposium which brought together prominent neuroscientists, researchers, academicians, and students from across the state to discuss the latest advancements and future directions in the field of neuroscience.

The symposium was attended by an array of distinguished delegates, including Prof. Sandeep Verma, Head of the Gangwar Institute of Medical Sciences (GIMS) and Head of the Department of Chemistry at IIT Kanpur, Prof. Vinay Kumar Khanna, President of IAN, Dr. P.K. Dalal, President IAN-Lucknow Chapter, Prof. Ashok Agarwal, Treasurer IAN and Prof. Abbas Ali Mahdi, Vice Chancellor of Era University. The event also saw the participation of many other dignitaries from within and outside Era University, along with a large number of Ph.D., Masters and Bachelors students.



### International Symposium on Professional Attributes for Clinical Practices and Aspiring Dieticians

Department of Food and Nutrition at Era University organized an "International Symposium on Professional Attributes for Clinical Practices and Aspiring Dieticians" on 29<sup>th</sup> June, 2024, Saturday, between 10.00 IST and 02.00 IST.

The event was inaugurated by Hon'ble Vice Chancellor, Prof. (Dr.) Abbas Ali Mahdi and Pro Vice-Chancellor, Dr. Farzana Mahdi along with Assistant Registrar, Dr. Ghazala Zaidi and Ms. Rama Tripathi, Chief Dietitian and Chief Guest from SGPGI, Lucknow. Dean, Faculty of Science Prof. (Dr.) Arvind Kumar Srivastava opened the stage for participants and guests to exchange views and knowledge. Head, Department of Food and Nutrition, Dr. Kahkashan Parvin, shed light on the need for awareness regarding bridging the gap between academic knowledge and professional responsibilities.



### Guest lecture : Dr. Abdul Wase, Wright State University, Ohio, USA

A guest lecture was jointly organized by the faculty of Allied Health Sciences and Department of Cardiology, ELMC&H, Era University on 25<sup>th</sup> July, 2024 at the University premises for students and faculty members. The guest speaker was Dr. Abdul Wase, MD, FACC, FACP, FHRS, D.Sc. (hon causa), a distinguished cardiologist from Wright State University, Ohio, U.S.A. who graduated from Jawaharlal Nehru Medical College, AMU, Aligarh in 1979. Dr. Wase is board-certified in Internal Medicine, Cardiology, and Clinical Cardiac Electrophysiology. He has been instrumental in developing the Electrophysiology program at Good Samaritan Hospital U.S.A., where he has served as Medical Director since 1994 and Section Chief of Electrophysiology.



## Students Induction Orientation Program 2023 for Nursing Course

The ten-days Orientation Program for Nursing for ANM, GNM, B.Sc. Nursing, P.B.B.Sc. and M.Sc. Nursing courses started with the Induction Program on 1<sup>st</sup> August, 2023 at the auditorium in the Pharmacy Block, Era University, Lucknow.

The Induction program was graced by prominent dignitaries including Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi, Registrar, Era University, Prof. Anu Chandra, Controller of Examination, Prof. Tasleem Raza, Principal Nursing, Prof. Priscilla Samson and Dr. Rupali Mirza, Incharge, Induction and Orientation Program.

The Hon'ble Vice Chancellor, Era University emphasized the importance of female healthcare as most of the Nursing students are females, he reiterated the importance of a healthy body having a healthy mind. He counseled the students to keep themselves happy so as to deal easily with work-related stress which is most likely to happen in a hospital environment which encompasses managing patients and their relatives in trauma and pain.

The Registrar, Prof. Anu Chandra briefed the students about Faculties and Departments at Era University. The Controller of Examination, Prof. Tasleem Raza shared the examination pattern at Era University. The Proctor, Prof. Dilshad Ali Rizvi discussed discipline-related expectations from the students. Principal Nursing, Prof. Priscilla Samson shared the rules and regulations at the College of Nursing with the students. The Program ended with a vote of thanks by Dr. Rupali Mirza, Incharge, Orientation Program who thanked her entire team for arranging the program with efficiency. The Orientation team includes Dr. Jyoti Anurag, Ms Saleha Jafri, Dr. Minhaj Usmani, Dr. Shazia Fatima, Dr. Anupama Dhuria, Dr. Shipra Srivastava, Ms Laiba and Mr Ajaydeep.



## Students Induction Orientation Program for Bachelor Degree of Science

The ten-days Orientation Program for students of Bachelor Degree Courses of Faculty of Science (B.Sc. Computer Science, B.Sc. Food and Nutrition, B.A./ B.Sc. Liberal Education, B.Sc. Biotechnology), B.Pharma, College of Pharmacy and Allied Health Sciences (B.Opto., BMLT, BRIT, BPT) started with the Induction Program on 8<sup>th</sup> August, 2023 at the auditorium in the Pharmacy Block, Era University, Lucknow. The Induction program was graced by prominent dignitaries including Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi, Registrar, Era University, Prof. Anu Chandra, Controller of Examination, Prof. Tasleem Raza, Additional Proctor, Dr. Fareya Haider, Dean, Faculty of Allied Health Sciences & Research, Prof. S. Riaz Mehdi, Dean, Faculty of Science, Prof. A.K. Srivastava, Director and Dean, Pharmacy, Prof. (Dr.) S.J.S Flora, Principal, Era College of Pharmacy, Dr. Mohini Chaurasia and Dr. Rupali Mirza, Incharge, Induction and Orientation Program.

The Hon'ble Vice Chancellor, Era University emphasized the importance of compliance to attendance and other rules and regulations on campus. He advised the students to maintain hundred percent attendance so that they may become well-versed in their subject knowledge and have extra attendance, more than the UGC specified rule of 75 percent attendance. Having an edge in the required attendance would help them to plan their leaves when required in emergency situations. He spoke about the amenities on the Era University campus, the hospital being one of them. Students can avail hospital facility on campus which is a unique one at the Era Campus. He also told the students about the existence of the Department of Happiness at Era University which is one of a kind.

The Registrar, Prof. Anu Chandra briefed the students about Faculties and Departments at Era University and informed them about the existence of an efficient placement cell. The Controller of Examination, Prof. Tasleem Raza shared the examination pattern at Era University. The Additional Proctor, Dr. Fareya Haider discussed discipline-related expectations with the students. Dean, Faculty of Allied Health Sciences & Research, Prof. S. Riaz Mehdi, discussed the outstanding ranking and placements of the previous batches of Allied Health Sciences and wished the new students to be equally well placed after the completion of their course at Era University. Dean, Faculty of Science, Prof. A.K. Srivastava welcomed the students on the campus and ensured them that the faculty on campus is there to assist them with any issues, Director and Dean, Pharmacy, Prof. (Dr.) S.J.S. Flora made the students comfortable discussing his short narrative about his own college life. He encouraged the students by saying that they are backed by an excellent faculty who will help them achieve their career goals. Principal, Era College of Pharmacy, spoke about the importance of communication skills and counseled the students to focus on self-improvement.

The program ended with a vote of thanks by Dr. Rupali Mirza, Incharge, Orientation Program who thanked her entire team for arranging the program with efficiency. The Orientation team includes Dr. Jyoti Anurag, Ms. Saleha Jafri, Dr. Minhaj Usmani, Dr. Shazia Fatima, Dr. Anupama Dhuria, Dr. Shipra Srivastava, Ms. Laiba and Mr. Ajaydeep. The program was also graced by other eminent dignitaries of the Era Campus, Heads and Coordinators of Departments from faculty of Allied, Pharmacy and Sciences, Assistant Registrar and faculty members from various departments.



### Medical (MBBS) Students Induction Orientation Program

The Orientation Program for students of Faculty of Medicine for MBBS course started with the Induction Program on 1<sup>st</sup> September, 2023 at the main auditorium of Era University, Lucknow.

The Induction program was graced by prominent dignitaries including Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi, Dean (Emeritus) Prof. M.M.A. Faridi, Principal and Chief Medical Superintendent, Prof. Jamal Masood, Controller of Examination, Prof. Tasleem Raza, Dean Student's Welfare Prof. Siddharth Chandel, Proctor Prof. Dilshad Ali Rizvi and Prof. Brijesh Rathore, Incharge, Induction and Orientation Program along with Head of the Departments of Anatomy, Prof. Vineeta Tewari, Physiology, Prof. Seema Singh and Community Medicine, Prof. Prabha Srivastava and other faculty members. All students along with their parents attended the program very enthusiastically.

Speaking on the occasion Hon'ble Vice Chancellor, Era University, Prof. Abbas Ali Mahdi emphasized the importance of compliance to discipline, attendance, punctuality and other institutional rules and regulations on campus. He advised the students to maintain hundred percent attendances so that they may become well-versed in their subject knowledge. He spoke about various facilities available at Era's Lucknow Medical College and Hospital. He also told the students about the Department of Happiness at Era University which is one of its kinds in the State. The Principal and Chief Medical Superintendent Prof. Jamal Masood briefed the students about Faculties and Departments at Era's Lucknow Medical College and Hospital and also administered Maharishi Charak shapath to the students.

The Controller of Examination, Prof. Tasleem Raza shared the examination pattern at Era University. The Proctor, Dr. Dilshad Ali Rizvi discussed discipline related expectations with the students. Dean Emeritus, Prof. M.M.A. Faridi welcomed the students and assured them that the faculty on campus is there to assist them with any issues. He discussed in detail about the facilities available at the College including teaching with the aid of medico-games, medico-skill software, medical animation and skill lab. He also spoke about the importance of communication skills and counseled the students to focus on self-improvement.

The Program ended with a vote of thanks by Prof. Brijesh Rathore, Incharge, MBBS Foundation Program who thanked the entire team for arranging the program with efficiency.



## Students Induction Orientation Program 2023

### Students Induction Orientation Program 2023 for Allied Diploma Courses and PG/Masters Courses of Faculty of Science with Diploma, Pharmacy at Era University, Lucknow.

The six-days Orientation Program for students of Allied Diploma Courses and PG/ Masters courses of Faculty of Science along with Diploma Course, College of Pharmacy started with the Induction Program on 18<sup>th</sup> September, 2023 at the Mini Auditorium, Era University, Lucknow.

The Induction program was graced by prominent dignitaries including Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi, Controller of Examination, Prof. Tasleem Raza, Proctor, Dr. Dilshad Ali Rizvi, Dean, Allied Health Science and Research, Prof. Dr. S. Riaz Mehdi, Dean, Faculty of Science, Prof. A.K. Srivastava, Additional Controller of Exams, Prof. Dr. S. Akhtar Hassan Rizvi, Assistant Dean, Faculty of Science, Prof. Brijesh Rathore, Additional Proctor, Dr. Fareya Haider, Assistant Registrar, Dr. Ghazala Zaidi, Principal, Era College of Pharmacy, Dr. Mohini Chaurasia and Dr. Rupali Mirza, Incharge, Induction and Orientation Program.

The Hon'ble Vice Chancellor, Era University emphasized the importance of UGC specified rule of 75 percent attendance. He enlightened the students about the facilities at the Era University campus. He also shared the accomplishments of the University amongst which Era University's Allied Health Sciences and College of Nursing have been recognized and awarded by state government for following the best standards. Students in any kind of stress or depression were advised to consult Department of Happiness, which is one of a kind at Era University. He inspired the students to work hard and bring name and fame to the institution. The Vice Chancellor's address was followed by the address of dignitaries regarding the various rules and regulations at Era University by Controller of Examination, Prof. Tasleem Raza, Proctor, Dr. Dilshad Ali Rizvi, Dean, Faculty of Science, Prof. A.K. Srivastava, Assistant Dean, Faculty of Science, Prof. Brijesh Rathore, Assistant Registrar, Dr. Ghazala Zaidi and Principal, Era College of Pharmacy, Dr. Mohini Chaurasia.

The Program ended with a vote of thanks by Dr. Rupali Mirza, Incharge, Orientation Program who thanked her entire team which was instrumental in organizing the program. The Orientation team includes Dr. Jyoti Anurag, Ms Saleha Jafri, Dr. Minhaj Usmani, Dr. Shazia Fatima, Dr. Anupama Dhuria, Dr. Shipra Srivastava, Ms. Saleha Jafri, Ms. Laiba and Mr. Ajaydeep.



## Ph.D. Orientation Program 2023

The Ph.D. Orientation Program was held on 3<sup>rd</sup> November, 2023 at LT-4, College Building, Second Floor, Era's Lucknow Medical College & Hospital, Lucknow. Hon'ble Vice Chancellor, Era University was the chief guest and Hon'ble Pro Vice Chancellor was the guest of honour for the event.



## Sports and Cultural Event UDGHOSH-2023

Era University, Lucknow has organized its much awaited sports and cultural event **UDGHOSH-2023** from **31<sup>st</sup> October to 04 November 2023**. Students of Faculty of Science (Warriors), Faculty of Allied Health Sciences (Spartans), Faculty of Nursing (Trojans) and Faculty of Pharmacy (Panthers) competed with each other in different sports and cultural competitions. Athletics, Football, Cricket, Basket ball, Throw ball, Chess and Carom competitions were organized for boys and girls. In cultural events singing, dancing, object painting, photography, skit, poetry, debate and model making competitions were organized. UDGHOSH started with an inaugural session at the main ground in the auspicious presence of **Hon'ble Pro Vice Chancellor, Prof. Farzana Mahdi**. She lighted the torch that symbolizes the spirit of sportsmanship and team efforts. Prof. Mahdi addressed the students and encouraged them to participate in sports and cultural events for the holistic development of personality.

Chairperson of sports committee, Mr. Bidhyut Dubey also addressed the gathering and briefed them about the schedule of events. All the competitions were completed smoothly in the strict supervision of faculty coordinators and disciplinary committee headed by Dr. Priscilla Samson. UDGHOSH concluded with the memorable cultural eve in which winners of different cultural competitions performed before the audience.

The program was graced by the Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi and Hon'ble Pro Vice Chancellor, Prof. Farzana Mahdi along with Dr. Anu Chandra, Registrar, Era University and Assistant Registrar, Dr. Ghazala Zaidi. All the Deans, Heads, Faculty members and students enjoyed the performances. Guests were happily surprised when students served their self-made non flame cooked dishes before them for the non-fire cooking competition. This competition was organized under the supervision of Dr. Shikha Srivastava. The attraction of the event was the "Fashion Show" beautifully supervised by Ms. Soniya Agnese Singh which represented the culture of different states of India. All the volunteer students and performers were well coordinated backstage by Ms. Hershika Verma.

UDGHOSH took adieu until next year with a vote of thanks delivered by Ms. Swati Joshi, Chairperson, Cultural Committee. She conveyed heartfelt gratitude to each and every one who directly or indirectly contributed to the success of the event.



## Clubfoot Training Program

The Department of Orthopedic Surgery of Era's Lucknow Medical College and Hospital, Era University organized a four days Training Program from 22<sup>nd</sup> November, 2023 for the treatment of Clubfoot in association with Anushkaa Foundation which is an NGO working in the area of eliminating Clubfoot disease. This is a yearly workshop to teach Government Doctors how to manage Congenital Talipes Equino Varus (Club Foot disease), a foot deformity occurring in 1/1000 live births by a low cost, highly effective, safe plaster technique developed by Poinsetti, which saves surgery in 95% of cases. Many doctors from different district Hospitals of Uttar Pradesh including those from Chitrakoot, Jhansi, Aligarh and other states will be trained during this four days training program.

The Training program was inaugurated by Dr. Brijesh Rathore, who is Director General Family Welfare, Government of Uttar Pradesh. Dr. Amit Singh, General Secretary, Provisional Medical Services Association, Uttar Pradesh and Dr. Reshma Masood, Deputy General Manager, Rashtriya Bal Swasthya Karyakram, (RBSK), NHM, were also present on the occasion. Hon'ble Vice Chancellor of Era University Prof. Abbas Ali Mahdi presided over the inaugural function.

The 4-days training program was organized under the leadership of Dr. G.K. Singh who is heading the department of orthopedics at Era's Lucknow Medical College and Hospital.



## Master Training Program

Era College of Nursing in collaboration with Allied Health and Health Care Professional Education and Research (AHAHPER) organized Master Training Program on 6<sup>th</sup> February, 2024 for faculty members of all departments including Medical, Nursing, Allied Health, and Paramedical. Eminent national and international speakers emphasized on fighting against leading communicable diseases in India like HIV/AIDS, TB and Vector borne Diseases.

The inaugural session started with the floral welcome of all the dignitaries followed by the welcome address by Prof. HCL Rawat, Dean and Acting Principal, Era College of Nursing. Prof. (Dr.) Farzana Mahdi, Pro Vice Chancellor in her address mentioned about Allied Health and Health Care Professional Education and Research (AHAHPER) and its significance. She further mentioned that communicable diseases are one of leading national problem and we as health care professionals need to remain updated in the field and should try to implement national strategies in daily clinical practice. Guest of Honour Prof. (Dr.) M.M.A. Faridi, Dean, Faculty of Medicine in his address discussed about meaning of master trainer, why it's important in our field, and how to train the faculty as master trainers.

The role play on positive way to live in a society for PLHIV (Person live with Human Immune Deficiency Virus) was also performed by the B.Sc. IV year students. The story was scripted, directed and organized by Prof. Pinky Devi, Dept. of OBG/GYN Nursing, Era College of Nursing, Era University, Lucknow.

A Valedictory function was also organized in which Dr. Ghazala Zaidi, Assistant Registrar; Era University distributed certificates to all delegates. The event came to an end with the Vote of thanks proposed by Dr. D. Anjalatchi Muthukumar, Vice Principal & Head, Dept. of Community Health Nursing, Era University, Lucknow followed by the national anthem.



## Inauguration of a groundbreaking initiative Eklavya Kakshayen

*Inauguration of a groundbreaking initiative "Eklavya Kakshayen" program by Era University, Lucknow*

On 8<sup>th</sup> February, 2024, Era University marked a milestone with the inauguration of a groundbreaking initiative "Eklavya Kakshayen" program. The ceremony was held at the Era University. Dr. Sanjeev Misra, Hon'ble Vice Chancellor, Atal Bihari Vajpayee Medical University Lucknow was the Chief Guest and inaugurated "Eklavya Kakshayen" program.

The program aimed to deliver excellent education and nurturing overall development of the Post Graduate students, signifying Era University's commitment to the mission of NMC i.e. self directed learning. The inauguration featured various activities and speakers, providing valuable insights into the program's vision and anticipated impact.

The concept of **Eklavya Kakshayen** is derived from the legendary archer; Eklavya, a character from the Indian epic Mahabharata, who embodies determination and sacrifice. A prince of the Nishadha tribe, he sought archery training from Dronacharya, who was one of the greatest archery Gurus of India and the teacher of the entire Kuru dynasty.

Eklavya installed a clay idol of Dronacharya under a tree that he worshiped as his Guru and mastered archery on his own by self learning, surpassing even Dronacharya's favorite disciple, Arjuna.



## Teachers Day Celebration

Teachers not only impart knowledge to their students but they also inspire, encourage and instill curiosity to find solutions to problems. To honour these remarkable people, Era University organized Teacher's Day felicitation program on 5<sup>th</sup> September, 2023.

Celebrating Teacher's Day by recognising the efforts of teachers, Era University paid tribute and commemorated the birth anniversary of Dr. Sarvapalli Radhakrishnan and appreciated the efforts of their teachers. Maulana Khalid Rasheed, Farangi Mahali, President, Islamic Centre of India was the chief guest for the event and he also felicitated the teachers on the occasion with mementos and certificates for their outstanding contributions in the field of Medical Sciences.

The event started with the welcome address by Vice Chancellor of Era University, Prof. Abbas Ali Mahdi where he welcomed the guests and emphasized the importance of teachers in our lives. In his speech he mentioned that Teacher's Day is celebrated to commemorate the birth anniversary of Dr. S Radhakrishnan, the first Vice President and second President of India. The former president was not just a great statesman but also a distinguished philosopher and an eminent teacher. Prof. Mahdi said that teachers are not only the mentors of the students but they are also the role models. Students try to follow in the foot-steps of the teachers; therefore, there is great responsibility on the shoulders of the teachers.

Chief Guest, **Maulana Khalid Rasheed, Farangi Mahali** felicitated eminent teachers for their immense contributions and gave a felicitation speech where he exhorted the students to become good human beings by following the path shown by their teachers. He said that teachers are not just people who teach but they are also the ones who mould students and educate them about rights, freedom, and the values that make students good human beings. He said that teachers help us understand the importance of fairness, equality, and justice in society.

On this occasion, Era University felicitated fourteen senior eminent teachers for their exemplary services, commitment, devotion and unwavering hard work towards the progress of the institution. The teachers who were felicitated included: Prof. (Dr.) Ali Ahmad (Pharmacology), Prof. (Dr.) Mohd. Ahmad (Cardiology), Prof. (Dr.) M.M.A. Faridi (Pediatrics and Dean (Emeritus), Prof. (Dr.) D.P. Gupta (Radiology), Prof. (Dr.) Kabeer Ahmad Khan (Pediatrics), Prof. (Dr.) Prabhat Kumar (Medicine), Prof. (Dr.) Syed Riyaz Mehdi (Pathology & Dean Faculty of Allied Health Sciences), Prof. (Dr.) Jeevan Prakash (Emergency Medicine), Prof. Dr. Rajendra Prasad (Respiratory Medicine), Prof. (Dr.) Dharendra Kumar Saxena (Radiology), Prof. (Dr.) Pradeep Kumar Sharma (Anatomy), Prof. (Dr.) Surendra Singh (Anesthesiology), Prof. (Dr.) Kumkum Srivastava (Obstetrics & Gynaecology) and Prof. (Dr.) Savitri Thakur (Pediatrics and Medical Education).

Mr. Ammar Anis Nagrami, Mr. M.H. Rizvi, Director Administration, Prof. Anu Chandra, Registrar, Prof. S. Tasleem Raza, Controller of Examinations, Prof. Siddharth Chandel, Dean, Student's Welfare, Deans, Principals, Head of the Departments, Faculty members and students in large numbers participated in the event.

Dr. Anu Chandra, Registrar, Era University, Lucknow proposed the Vote of Thanks.



## World Pharmacists Day - 2023

The 25<sup>th</sup> of September, 2023 marked the vibrant celebration of **World Pharmacists Day** at Era College of Pharmacy, Era University. This significant event was organized in collaboration with the Uttar Pradesh Pharmacy Council, bringing together professionals, experts and students from the pharmacy field. The event, held at Era University, was honored by the presence of the Deputy Chief Minister of Uttar Pradesh, Shri Brajesh Pathak, who attended as the Chief Guest. Prof. Abbas Ali Mahdi, the distinguished Vice Chancellor of Era University, presided over the occasion.

The event themed around the significance of the pharmacy profession in healthcare systems, brought together experts and professionals of field. Distinguished speakers shared their insights, underlining the pivotal role pharmacists play in ensuring the wellbeing of society. Shri Brajesh Pathak, in his address, emphasized the need for the upliftment and recognition of the pharmacy profession in U.P. He stressed the importance of honesty and dedication in achieving perfection in the field, highlighting that trust and integrity are paramount when entrusted with the responsibility of healthcare.

Prof. (Dr.) Abbas Ali Mahdi, in his address, encouraged the pursuit of excellence within the pharmacy profession. Mr. Sandeep Badola, Chairman UPPC participated with his team and spoke about Pharmacy profession in U.P.

## World Contraception Day

Dr. S.J.S. Flora, Director and Dr. Mohini Chaurasia, Principal, Era College of Pharmacy shared the dias with dignitaries on the occasion. Dr. Rupali Mirza, Head, Department of English, Era University hosted the event effectively and gracefully.

The World Pharmacist Day Celebration, organized by Era College of Pharmacy at Era University in collaboration with the Uttar Pradesh Pharmacy Council, served as a platform to acknowledge the remarkable contributions of pharmacists and to promote their vital role in advancing public health.



FOGSI, Era University's Department of Obst. and Gynaecology and Lucknow Obst. and Gynaecology Society organized World Contraception Day on 26 September, 2023 in the form of an awareness program. The patients and their family members were educated about the advantages of contraception by the students of Nursing College in the form of Nukad Natak. The Chief Guest, Prof. Abbas Ali Mahdi, Vice Chancellor, Era University and Prof. Farzana Mahdi (Guest of Honour) lit the Lamp and started the program. This Program was organized by Dr. Yashodhara Pradeep (National Vice Present, FOGSI) and Head of the Department of Obst. and Gynaecology, Dr. Uma Gupta and Dr. Nupur. Prof. Abbas Ali Mahdi addressing the gathering said that India has already surpassed China in its population. He said at the moment we are a young nation but if the population continued to increase at the same pace then it may affect even our economy in the long run when the number of elders will surpass the younger generation. He emphasised proper education of the masses about the use of various contraceptive measures.

Dr. Kumkum Srivastava, Dr. Manju Tandon, Dr. Sumita Singh, Dr. Shweta, Dr. Sameena also participated in the programme which was also graced by Prof. S.P. Jaiswar, Head, Department of Obst. and Gynaecology, King George's Medical University and President, Lucknow Obst. and Gynaecology Society. Prof. Hem Prabha Gupta and Prof. Sujata Deo from KGMU also addressed the gathering. The medical students and nursing students were also told about the advantages of contraception methods to reduce the Maternal Mortality ratio by 25-30%.



## World Heart Day 2023

The Department of Cardiology, Era's Lucknow Medical College and Hospital and Era College of Nursing, Era University, organized the "World Heart Day" on 29 September, 2023 in which the noted cardiologist Prof. Dr. Mohammad Ahmad, ex-Dean, Faculty of Medicine and Director, Cardiology Centre, J.N. Medical College, Aligarh Muslim University was the chief guest. Hon'ble Vice Chancellor Prof. Abbas Ali Mahdi presided over the function. Speaking on the occasion, Prof. Mahdi welcomed the guest speakers and said that cardiovascular problems are both because of lifestyle related disorders as also because of genetic predisposition of a person towards it. He emphasized the need for public awareness about the various causative agents and spoke on various preventive aspects. He said that stress plays a significant role in precipitating the problem.

Dr. Ashish Jha from R.M.L. Institute of Medical Sciences, Lucknow, spoke on "Rising problem of heart attack in young" and Dr. Roopali Khanna, Prof. SGPGIMS, Lucknow, spoke on "Heart failure update". Speaking on the occasion, Prof. Khanna deliberated about the basic cause of heart failure, its prevention and medical therapy and talked about the latest guidelines and technologies available for treatment of heart failure. She said, heart failure is not life failure but a patient can live a long life if proper timely treatment is given and the patient follows guideline & directed Medical therapy. Prof. Jha in his presentation spoke about the basic cause of the heart diseases and also about prevention of death with MI. He said that there is a dire need for mass education, awareness of disease and need of basic life support teaching in hospitals and society.

Prof. K.P. Mal from CTVS Department, Era Hospital spoke on "Use heart: Know heart". Dr. Bashir Ahmad Mir from Cardiology Department of Era Hospital spoke on "Top trials of 2023 in cardiology". Prof. Khalid Iqbal from CTVS Department delivered his talk on "Mechanical Circulating Support in Heart Failure". Prof. M.M.A. Faridi, Dean (Emeritus), Prof. Jalees Fatima, Head, Department of Medicine and Prof. Vaibhav Shukla from Department of Medicine also attended the function.

The Department of Medicine, Era's Lucknow Medical College & Hospital, Era University, organized a lecture by Dr. Sunil Dabadghao, Consulting Hematologist and former Professor of Clinical Hematology at SGPGIMS, Lucknow. He spoke of "Costly Errors: Common but life threatening hematological disorders likely to be missed". He spoke on various blood related disorders especially aplastic anemia, hemophilia, sickle cell anemia, thalassemia and blood related malignancies. He presented five interesting cases and discussed them with the faculty members and residents of the department of Medicine.



## World Mental Health Day 2023

Era College of Nursing in collaboration with Department of Happiness and Department of Clinical Psychology, Era University celebrated **World Mental Health Day** on 10<sup>th</sup> October, 2023. The theme for this year "**Mental Health is a Universal Human Right**" was unveiled by Prof. (Dr.) Priscilla Samson, Principal Era College of Nursing. Guest Speaker Prof. (Dr.) Zafar Zaidi, Head, Clinical Psychology Department & Director, Amity Institute of Behavioural and Allied Sciences, Amity University, Lucknow, spoke about stress, its types and coping mechanisms. Dr. Samyak Tewari, Psychiatrist & motivational speaker shared "**How to be Successful in Life**" by following Passion, Patience, Perseverance, Persistence, Plan, Focus and Action.



## World Radiology Day

The Departments of Radio-Imaging Technology and Radio-diagnosis, Era's Lucknow Medical College & Hospital, Era University organized the "World Radiology Day" on 8<sup>th</sup> November, 2023 in which a large number of faculty members and students participated. A one day Continued Medical Education (CME) program was organized at the event.

Speaking on the occasion, Hon'ble Vice Chancellor of Era University, Prof. Abbas Ali Mahdi complimented the departments for organizing the event. He said that this year's theme of World Radiology Day is "Celebrating Patient Safety". He said that not only safety of the patients but also that of the technicians and paramedical staff working in the area is very important. He informed the audience that the "World Radiology Day" is celebrated every year on 8<sup>th</sup> November for the last eleven years to commemorate the discovery of x-radiation by Wilhelm Roentgen in 1895. Prof. Mahdi said that World Radiography Day offers an opportunity for the experts to educate the public about the imaging process and various diagnostic tests, and, concurrently, assure individuals of their safety during these procedures. He said many changes have taken place in the field of Radiology during the last four decades and many more are going to come with the advent of Artificial Intelligence. He spoke at length about changes which have taken place in the field of Radio-imaging Technology during the last few decades. Prof. S. Riaz Mehdi, Dean, Era Institute of Allied Health Sciences & Research, Prof. Sachin Khanduri, Head, Department of Radiology, and Dr. Ghazala Zaidi, also spoke on the occasion.

During the CME, Dr. Bhanupriya Singh, Asstt. Professor, Department of Radio-diagnosis, and Prof. Rahat Hadi, Department of Radio-Therapy, both from Dr. R.M.L. Institute of Medical Sciences, Lucknow, gave a talk about Patient Safety measures in Radio-diagnosis. The scientific program also included lectures by Mr. Shailendra Kumar Diwakar and Mr. Piyush Pandey. The students enthusiastically participated in the program and made posters and models which were displayed at the venue. Many students also participated in the academic program and made presentations on topics like Radiation safety and hazards, CT Angiography, Cardiac MRI, Smart Radiology etc.

The event was coordinated by Dr. Taruna Singh and Prof. M. Usman Khan, Department of Radio-Imaging Technology, Era University.



## National Youth Day - 2024

On the occasion of National Youth Day - 2024, the Department of Computer Science, Era University, Lucknow organized a guest lecture on 12<sup>th</sup> January, 2024 about "Information Technology Act-2000" by Mr. Ravi Kumar Singh, distinguished advocate at the High Court of Lucknow. Hon'ble Vice Chancellor Prof.(Dr.) Abbas Ali Mahdi welcomed the guest speaker by presenting the bouquet. Mr. Singh, in his lecture explained about various sections of IT ACT-2000. He further explained about the various penalties that are imposed by the IT ACT-2000. Mr. Ravi Singh, with his wealth of experience in the legal realm, delivered an insightful lecture that delved into the role of youth in shaping the legal landscape and contributing to societal progress.

Speaking on the occasion, Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi spoke at length about the National Youth Day, which is celebrated every year on birthday of Swami Vivekanand. He said India is a young nation; therefore, it is very important for our country. He further stated that every fifth person in the world is an Indian. He said that the future of our country is in the hands of youth. He said that fifty percent of Indians are less than 25 years of age.

The event coordinators were Dr. Shweta Vikram and Ms. Alfiya Mahmood who distributed the prizes and certificates to the winners: Ms. Shabhat Zehra for Quiz Competition, Ms. Areeba Fatima for Bouquet making competition, Ms. Shahida Ashiq for Mehendi competition, Mr. Sarah Faiq for Story writing competition and Mr. Shabnaz Fatima for Mug painting competition. At the end of the program, the vote of thanks was given by the Head, Department of Computer Science, Prof. (Dr.) Santosh Kumar.



### 75<sup>th</sup> Republic Day

The 75<sup>th</sup> Republic Day was celebrated by Era University in a grand manner on 26<sup>th</sup> January, 2024 at the campus. The occasion was enhanced by the gracious presence of Hon'ble Vice Chancellor, Prof. Abbas Ali Mahdi. Zeal, enthusiasm, and patriotism were reflected by the active participation of the Deans, Faculty members, students and staff members.

The program started with the Flag Hoisting by Hon'ble Vice-Chancellor Prof. (Dr.) Abbas Ali Mahdi followed by national anthem and 2 minutes silence in the memory of martyrs' who sacrificed their lives during the struggle for India's freedom. Students also presented a short play to represent the sacrifice of martyrs for our country. Hon'ble Vice-Chancellor, Prof. Mahdi in his address welcomed Registrar, Asst. Registrar, Deans, Faculty Members, Staff Members and Students. He delved into the history and reason of Republic day being celebrated and stated that the '**Constitution of India**' is infused with fundamental rights and the framework for the Government to function in a transparent & accountable manner. He emphasized that Era University was established in 2016 with the aim of getting holistic development of the students and stated that we here at Era University do not just focus on achieving academic excellence but also emphasize on developing qualities like confidence, team work, sincerity, discipline, good moral character and making students good human beings. He advised students to set up their goals and start working towards achieving them.

The program concluded with the Vote of Thanks by Prof. Anu Chandra, Registrar, Era University and distribution of sweets to students and staff members.



### International Women's Day - 2024

Era University every year takes the privilege of celebrating International Women's Day. The celebration of the achievements and the contribution of women in the Institution was celebrated on Saturday, 8<sup>th</sup> March, 2024 by lighting the lamp of knowledge and wisdom by the Hon'ble Pro Vice Chancellor, Prof. (Dr.) Farzana Mahdi.



## World Optometry Week

The Department of Optometry, Era University celebrated the **World Optometry Week** by organizing a Continuing Medical Education Program on 21<sup>st</sup> March, 2024 on the topic "**Advancing Optometry's Commitment to Global Eye Care**".

The program was inaugurated by the Hon'ble Vice Chancellor, Era University Prof. Abbas Ali Mahdi. Speaking on the occasion, Prof. Mahdi complimented the department of Optometry for organizing the event. He said that awareness about various eye related problems is very important and that is why World Optometry Day is celebrated. He said that there is a need to further develop optometry and support optometrists in promoting eye health and vision care through education and outreach programs. He said that every year since 1986, March 23rd is celebrated as World Optometry Day, so as to recognize and raise awareness about the important role of optometrists in providing eye care services and improving vision health worldwide. He said that; let us celebrate this day and continue to raise awareness of the importance of vision care and overall eye health.

Dr. Anitha Arvid, Head, Department of Optometry, G.D. Goenka, University, Gurgaon (Haryana), Dr. Mohd. Norruz Zaman, Head, Department of Optometry, Sankara College of Optometry, Ludhiana (Punjab) and Dr. Shazina Saeed, Public Health Researcher from Amity University, Noida were the esteemed faculty who delivered talks during the CME program.



## Blood Donation Camp On Nurses Day

Era College of Nursing, Era University, Lucknow organized a Blood Donation camp to commemorate the International Nurse's Day on 10<sup>th</sup> May, 2024, 11:00 am onwards on 7<sup>th</sup> Floor, Era University Building. The event was inaugurated by Prof. (Dr.) Abbas Ali Mahdi, Hon'ble Vice Chancellor, Era University, Lucknow. Prof. HCL Rawat, Principal Era College of Nursing, Dr. D. Anjalatchi, Vice Principal & Nursing Superintendent, ELMC&H graced the occasion.

The event was open to all volunteers. A medical team from King George Medical University, Lucknow carried out the safe collection and storage of the blood. Faculty and students of Era College of Nursing participated enthusiastically. After proper requisite screening of all the voluntary donors, approximately 50 volunteers successfully donated blood for humanitarian cause.



## International Nurses Day - 2024

International Nurses Day is observed on May 12 every year. This day marks the birth anniversary of Florence Nightingale who laid the foundation of modern nursing. International Nurses Day aims to highlight the importance of nurses in the healthcare sector. It also acts as an opportunity to thank nurses for their efforts and for taking care of patients round the clock. **The theme for International Nurses Day - 2024 is 'Our Nurses, Our Future' - The Economic Power of Care.** According to the World Health Organization and International Council of Nurses, "this year's international day aims to reshape perceptions of nursing, demonstrating how strategic investment in nursing can bring considerable economic and societal benefits." "Despite being the backbone of healthcare provision, nurses often face financial constraints and their role is frequently undervalued," mentions WHO. Florence Nightingale was born on May 12, 1820, at Florence in Italy hence, International Nurses Day is celebrated on May 12 each year.



### International Yoga Day-2024

On the auspicious occasion of the 10<sup>th</sup> International Yoga Day, a program was organized at Era University on Friday, 21<sup>st</sup> June, 2024 and 10 days yoga training was also organized on this occasion. Prof. (Dr.) Abbas Ali Mahdi, Vice Chancellor, Era University, stated that Yoga is very important and necessary for physical and mental health. He said that the National Medical Commission has included yoga and meditation in the medical curriculum to bring discipline in students to provide physical and mental support to face stress and adversity. In this context, Prof. (Dr.) Jamal Masood, Principal, Era Medical College, said that Yoga is spiritual practice which relieves us of many ailments physically and makes human body externally and internally healthy and fit.

Professor (Dr.) M.M.A. Faridi, Dean (Emeritus), Era Medical College, said that Yoga provides mental peace to a person helps in getting good sleep and relieves stress and fatigue.



### Creative Arts Club

#### *Inter-Department Soft Board Decoration Competition on Learning through Indian Language, Art and Culture*

An Inter-Department Soft Board Decoration Competition was organized by the Creative Arts Club, Era University on 2<sup>nd</sup> September, 2023 on the theme of Learning through Indian Art, Language and Culture. This competition was organized according to the Mulya Pravah guidelines for the demonstration and discussion about Indian Language, Art and Culture.

Bachelor students of all branches from Era University participated in the competition including B.Sc. Nursing, B.Pharm, B.Opto, BRIT, BMLT, B.Sc. Food and Nutrition, B.Sc. Biotechnology, BA/B.Sc. Liberal Arts, BCA. The competition was judged by Prof. Nirupma Lal, Department of Pathology and Dr. Fareya Haider, Department of Microbiology. The esteemed judges listened to the discussion and presentation put forward by the participants and judged them on the basis of their creativity and talent.

The event was organized by Dr. Rupali Mirza, Chairperson, Creative Arts Club, Era University, Dr. Shazia and Ms. Hershika, co-convenors.





### Kite Fest organized at Era University by Creative Arts Club

A Kite Fest was organized at Era University by Creative Arts Club on September 23, 2023. The competition was organized as per Mulya Pravah Guidelines for promotion of Indian and Regional Art, Language and Culture. The competition upheld the "The Spirit of Patang-bazi in Awadh".

Students from all branches participated in large numbers which contributed to the success of the competition. Students were directed to make kites with nature-friendly material with captions promoting social wellbeing and preservation of nature. The Kite Fest was judged by Dr. Samreen Naqvi and Ms. Swati Joshi. The event was organized by Chairperson, Creative Arts Club, Dr. Rupali Mirza and Co-conveners, Dr. Shazia Fatima and Ms. Hershika Verma.



### Malang - College Fest & Quiz Competition

Eras Medical College & Hospital, Era University marks the onset of Sports & Cultural fest "Malang" from 4<sup>th</sup> November to 11<sup>th</sup> November, 2023. The Malang Fest & Quiz Competition was fun-filled and aims at encouraging and developing the overall physical and mental well-being of the young students. Era University organized the aforesaid sports and cultural activities as it aims for its young students to be on the zenith of agility. During this fest, the students participated in various activities like cricket, extempore, football, tattoo making, athletics, poetry, singing and dancing. It was indeed a boisterous experience for the students in the field of learning and development.



### Visit to Aastha, Old Age Home by Creative Arts Club

A visit to the Old Age Home 'Aastha' was organized by Era University, Creative Arts Club on 19<sup>th</sup> December, 2023. This was a part of social service and outreach program under the campaign 'We need more Santa's this Christmas season', under which winter clothes were collected by students of Era University from last week of November to December 18, 2023 which were sent as donation to the elderly at Aastha. The Hon'ble Pro Vice Chancellor, Prof. (Dr.) Farzana Mahdi supported the initiative of the Creative Arts Club whole-heartedly and as a manifestation of her good wishes contributed winter caps and socks for all the inmates of the old home.

The visit was organized and conducted by Dr. Rupali Mirza, Chairperson, Creative Arts Club and was accompanied by co-conveners, Dr. Shazia Fatima and Ms. Hershika Verma. The faculty was assisted by student volunteers, Faiz Ahmad Khan and Khwaja Aftab Ahmed from BCA, second year. Service to humanity is service to God is our intention when Era University conducts such social service and outreach initiatives.



### Social Outreach Campaign at Orphanage

*Social Outreach Campaign to All India Shia Orphanage by Creative Arts Club, Era University*

The Creative Arts Club, Era University visited the All India Shia Orphanage on December 21, 2023. The club's team went there as a part of the social outreach initiative 'we need more Santa's this Christmas season'. The students at Era University collected winter clothes for a period of three weeks, up to December 18, 2023, which were donated to the orphanage.

The inmates of the orphanage were given small Christmas gifts. Student volunteers from Era University, Aqsa Nihal, Khwaja Aftab Ahmed and Faiz Ahmed Khan played games with the children at the orphanage and gave them prizes as a token of appreciation. Ali Abbas, student of Era University also sang a motivational song for the children at the orphanage. Mr. Syed Shameem Ahmad, Secretary of the orphanage, briefed the outreach team about the routine and requirements of the inmates.

The Pro Vice Chancellor, Era University, Prof. Dr. Farzana Mahdi was the guiding light and inspiration behind the entire campaign. She always supports and encourages such social service campaigns. The outreach initiative was organized and conducted by Dr. Rupali Mirza, Chairperson, Creative Arts Club, Era University accompanied by co-conveners, Dr. Shazia Fatima and Ms. Hershika Verma.



### Painting Competition and Plantation Drive

*Painting Competition and Plantation Drive organized to celebrate India Space Week Festival at Era University*

A Painting Competition was organized by the Creative Arts Club on 12<sup>th</sup> February, 2024, 11 a.m. onwards as a part of India Space Week Festival as per Government Directives.

A plantation drive was also organized as a part of the celebrations during the week. The students made paintings showcasing their creativity and talent. Paintings were made on the themes of deities, Rama and Sita and major events of their lives associated with them. Judgment of the painting competition was done by Mr. Saurabh Tiwari and Ms. Swati Joshi. The judgment of the competition was announced on the spot, Varsha Gupta and Divyanshu Kashyap got the first position, Ambuka got the second position and Tiya Dubey got the third position.

The events were organized by Creative Club, Chairperson, Dr. Rupali Mirza and Co-conveners, Dr. Shazia Fatima and Ms. Hershika Verma. Ms. Divya Verma was the students' coordinator and Prof. H.C.L. Rawat, Principal; College of Nursing appreciated and supported the students in this endeavor.



## Tablet Distribution Program

353 Tablets were distributed to the students of MBBS, Pharmacy, Nursing, Allied Health Sciences and Ph.D. students of the Era's Lucknow Medical College & Hospital, Era University, Lucknow, academic session 2022-23 under "Swami Vivekananda YuvaS ashaktikaran Yojana" by Dr. Dinesh Sharma, Hon'ble Ex-Deputy Chief Minister of Uttar Pradesh, Lucknow for technical empowerment of youth on 06 September, 2023.



## Ayushman Bharat Ke 5 Saal Bemisaal

Era University, Lucknow organized a program "Ayushman Bharat Ke 5 Saal Bemisaal" on 16<sup>th</sup> October, 2023. Hon'ble Minister of State for (Minority Welfare, Muslim Waqf and Hajj) Government of Uttar Pradesh, Mr. Danish Azad Ansari was the Chief Guest.

Era's Lucknow Medical College and Hospital has been included in the Green Channel Payment (GCP) under the Ayushman Bharat Scheme, said Prof. Abbas Ali Mahdi Vice Chancellor, Era University in a press conference on Monday.

Under GCP, a partial payment of 50% of the claim amount will be released automatically to hospitals through the system at the time of claim submission, while the balance will be released following the usual claim adjustment process, he said. The university organised a program to mark five years of completion of Ayushman Bharat Scheme on campus.



## Bank of Baroda Organized a Felicitation Function

Bank of Baroda organized a felicitation function on 6<sup>th</sup> January, 2024 at the Mini Auditorium, Era University, Lucknow to honour three meritorious students Ms. Vaishnavi Gupta, MBBS, Mr. Sajid Ali, B. Pharm and Mr. Akash Yadav, B.Sc. MLT who excelled in Academics, Sports and Overall Performance, respectively. They were given a certificate and cash prizes also by the Bank.

On this occasion, Bank of Baroda team comprising of Mr. Rajesh Gupta, Deputy Regional Manager (DRM) and Mr. Ahsan Naqvi, Chief Manager, Bank of Baroda, Chowk Branch, also felicitated Hon'ble Vice Chancellor of Era University, Prof. (Dr.) Abbas Ali Mahdi and others including Dr. (Prof.) Anu Chandra, Registrar, Dr. (Prof.) Syed Tasleem Raza, Controller of Examinations, Dr. (Prof.) Jamal Masood, Principal, ELMC & H, Dr. (Prof.) A. K. Srivastava, Dean, Faculty of Science, Dr. (Prof.) Riaz Mehdi, Dean, Faculty of Allied Health Science, Dr. Surajit Basu, Medical Superintendent, ELMC & H, Dr. (Prof.) Dilshad Rizvi, Chief Proctor, Dr. (Prof.) Siddhartha Chandel, Dean, Student Welfare, Dr. (Prof.) Mohini Chaurasia, Principal, Era College of Pharmacy, Prof. H.C.L. Rawat, Principal, Era College of Nursing.

Speaking on the occasion, Vice Chancellor Prof. Abbas Ali Mahdi spoke in detail about the importance of reward and recognition at an Educational Institution and how it motivates faculty and students to perform better and contribute to the overall progress and development of the country. He thanked Bank of Baroda officials especially Mr. Rajesh Gupta for choosing Era University for this felicitation program.

The program was conducted by Dr. Rupali Mirza, Head, Department of English and was attended by many officials, faculty members and students of Era University as well as the officials of Bank of Baroda.



### Alumni Meet-2024

Era University, Lucknow organized the 2<sup>nd</sup> Alumni Meet-2024, "Reminiscence-2024" on Saturday, 17<sup>th</sup> February, 2024 with the aim to provide a strong bridge for the students, faculty and the institute for mutual benefit and synergy.

The event was open to all Alumni members from the Faculty of Science, Faculty of Allied Health Sciences & Research, Faculty of Nursing & Faculty of Pharmacy.

The program started with a group welcome song followed by an invocation song seeking blessings from the almighty. This was followed by the welcome speech delivered by Dr. Ghazala Zaidi, Asst. Registrar and Co-convenor of the event. She mentioned, "The Alumni Meet is an opportunity to meet colleagues and to see the university once again with heartfelt memories".

The event came to an end with the Vote of Thanks by Mr. Mohd. Azharuddin, Manager of the Placement Cell.



## Paedia ELMC&H First Baby-Friendly Hospital

Era's Medical College achieves another milestone as FIRST Baby-Friendly Facility, Pledges Enhanced Care for Mothers and Infants on 24<sup>th</sup> April, 2024. ELMCH, Lucknow proudly announces its initiative towards a Baby-Friendly Hospital, marking a significant milestone in its commitment to providing optimal care for mothers and infants. This achievement highlights Era's dedication to upholding the highest standards of maternal and infant health, promoting breastfeeding, and ensuring the well-being of newborns.

The Baby-Friendly Hospital Initiative (BFHI), a global program launched by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF), aims to support breastfeeding and provide evidence-based care to mothers and babies. Hospitals and healthcare facilities that adhere to the Ten Steps to Successful Breastfeeding, as outlined by BFHI, are designated as "baby-friendly". These ten steps include practices such as helping mothers initiate breastfeeding within one hour of birth, practicing keeping mother and baby together soon after birth and providing support for breastfeeding mothers after they leave the hospital. The BFHI aims to improve breastfeeding rates and the health outcomes of infants and mothers worldwide.

Dean, Faculty of Medicine, Era University, Lucknow, Dr. Prof. M.M.A. Faridi, called breastmilk as "liquid gold", not only for its deep yellow colour but also because it is so valuable for the baby and maternal health. Prof. (Dr.) Farzana Mahdi, Pro Vice Chancellor, Era University, Lucknow said, "By adopting BFHI guidelines, Era University, Lucknow reinforces its dedication to offering comprehensive support to new mothers and ensuring the best start for their infants."



## Memorandum of Understanding (MOU) with FLPL

A Memorandum of Understanding (MOU) was signed on 8<sup>th</sup> May, 2024 between **FARE Labs Private Limited (FLPL)**, one of the leading testing, calibration and R&D laboratory in India, and **ERA University (EU)**, for a regular exchange of education, innovation, knowledge, technological developments, research, management programs and skill development which will contribute to mutual benefits of Era University and FARE Labs Pvt. Ltd.

The MOU was signed by **Shri Chandra Shekar Joshi**, Director, FARE Labs Private Limited, Gurugram, Haryana and **Prof. (Dr.) Abbas Ali Mahdi**, Vice Chancellor, Era University, Lucknow. **Dr. S. K Raza**, CEO (Testing), FARE Labs Private Limited addressed the audience and briefed about the company's profile and mentioned that FARE Lab Pvt. Ltd. is accredited by NABL (National Accreditation Board for Testing and Calibration Laboratories), ISO/IEC (17025:2017), PT provider in the field of calibration and testing (ISO/IEC 17043:201), AERB (Atomic Energy Regulatory Board), APEDA (Agricultural and Processed Food Products Export Development Authority), Tea Board of India, and IOPEPC (Indian Oilseeds and Produce Export Promotion Council), authorized by FSSAI (Food Safety and Standards Authority of India), recognized by BIS (Bureau of Indian Standards), DSIR (Department of Scientific and Industrial Research), MOEF & CC (Ministry of Environment, Forest and Climate Change), certified by OHSAS 45001 (Occupational Health and Safety Assessment Series), ISO 9001 (Quality Management System), ISO 27001 (Information Security Management System) & ISO 14001 (Environment Management System), ISO 22000 (Food Safety Management System).



## Memorandum of Understanding (MOU) with IISR

A Memorandum of Understanding (MOU) was signed on 10<sup>th</sup> May, 2024 between **Indian Institute of Sugarcane Research, Lucknow (IISR)**, an autonomous institute of higher learning, under the umbrella of Indian Council of Agricultural Research (ICAR) by the Ministry of Agriculture, Government of India and **Era University (EU)**, Lucknow for a regular exchange of education, innovation, knowledge, technological developments, research, management programs, and skill development which will contribute to mutual benefits of ERA University and Indian Institute of Sugarcane Research, Lucknow.

The MOU was signed by **Dr. R Viswanathan**, Director, Indian Institute of Sugarcane Research, Lucknow and **Prof. (Dr.) Abbas Ali Mahdi**, Vice Chancellor, Era University, Lucknow. Dr. R. Viswanathan and Prof. (Dr.) Abbas Ali Mahdi briefed about the profile, achievements, ongoing research and mutual collaborative programs of the Indian Institute of Sugarcane Research, Lucknow and Era University, Lucknow.

On this occasion, Dr. L. S. Gangwar, Dr. Swapna M, and Dr. Syed Sarfaraz Hassan, Principal Scientists from Indian Institute of Sugarcane Research, Lucknow, Dr. Tabrez Jafar, Nodal Officer, MOU, Dr. Salman Khan, and Dr. Israr Ahmad, faculty from Department of Biotechnology were present. The program was coordinated by Dr. Salman Khan and Dr. Tabrez Jafar, Nodal officer, MOU from Department of Biotechnology, Era University, Lucknow and Dr. Kamini Singh from Indian Institute of Sugarcane Research, Lucknow.





### Memorandum of Understanding (MOU) with Russian Universities

Prof. (Dr.) Abbas Ali Mahdi, Vice Chancellor of Era University was on a visit to Moscow. During his visit he met officials of two leading Universities, **Moscow State University** and **People's Friendship University or RUDN University**.

Prof. Mahdi met Dean, Faculty of Medicine, Moscow State University Dr. Vsevolod A. Tkachuk and Prof. (Dr.) Oleg S. Medvedev, senior Professor and a leading Medical Scientist. They discussed mutual areas of collaboration in research and faculty and student exchange program.

Prof. Mahdi briefed the University officials about the progress made by Era University in teaching, training, research and innovation. He spoke in detail about patient care and innovative methods of teaching adopted at Era University. Russian University officials appreciated the progress and said that they look forward towards the partnerships. Thereafter, Prof. Mahdi and Prof. Tkachuk signed a Memorandum of Understanding between Moscow State University and Era University on 03 July, 2024.



### Memorandum of Understanding (MOU) with DRMLAU

A Memorandum of Understanding (MOU) was signed on 22<sup>nd</sup> July, 2024 between **Prof. (Dr.) Abbas Ali Mahdi**, Vice Chancellor of Era University and **Prof. (Dr.) Pratibha Goyal**, Vice Chancellor of Dr. R.M.L. Avadh University, Ayodhya. Dr. R.M.L. Avadh University is a premier (B Accredited by NAAC) University of India established with a vision to develop human resource for providing impetus to knowledge through teaching, research, innovation and to rank amongst the top educational institutions of the world for better service to humanity in general and our nation in particular and Era University, Lucknow for a regular exchange of education, innovation, knowledge, technological developments, research, management programs and skill development which will contribute to mutual benefits of Era University and Dr. Ram Manohar Lohia Avadh University, Ayodhya.



## Memorandum of Understanding (MOU) with HCL

A Memorandum of Understanding (MOU) was signed on 26<sup>th</sup> July, 2024 between Era University and HCL Tech for their 'Career Shaper Program' at Era University, Lucknow.

Hon'ble Vice Chancellor, Prof. (Dr.) Abbas Ali Mahdi expressed his enthusiasm about the partnership, stating, "This collaboration will not only enhance our academic programs but also provide our students with unparalleled opportunities to work on cutting-edge technologies and innovations".

Mr. Pratapaditya Chakravarty, Project Global Director-Career Shaper at HCL Tech, highlighted the mutual benefits of the partnership.



## Public Service Commission Meeting Haridwar, Uttarakhand

Prof. (Dr.) Jamal Masood, Principal and Chief Medical Superintendent, Era's Lucknow Medical College and Hospital, Era University, Lucknow was appointed Subject Expert in Community Medicine by Public Service Commission, Uttarakhand.

He attended the Meeting in the Office of Public Service Commission, Haridwar, Uttarakhand on 28<sup>th</sup> June, 2024 and guided in the finalization of 'Guidelines for Cadre of Sanitary Inspectors' for the state of Uttarakhand.



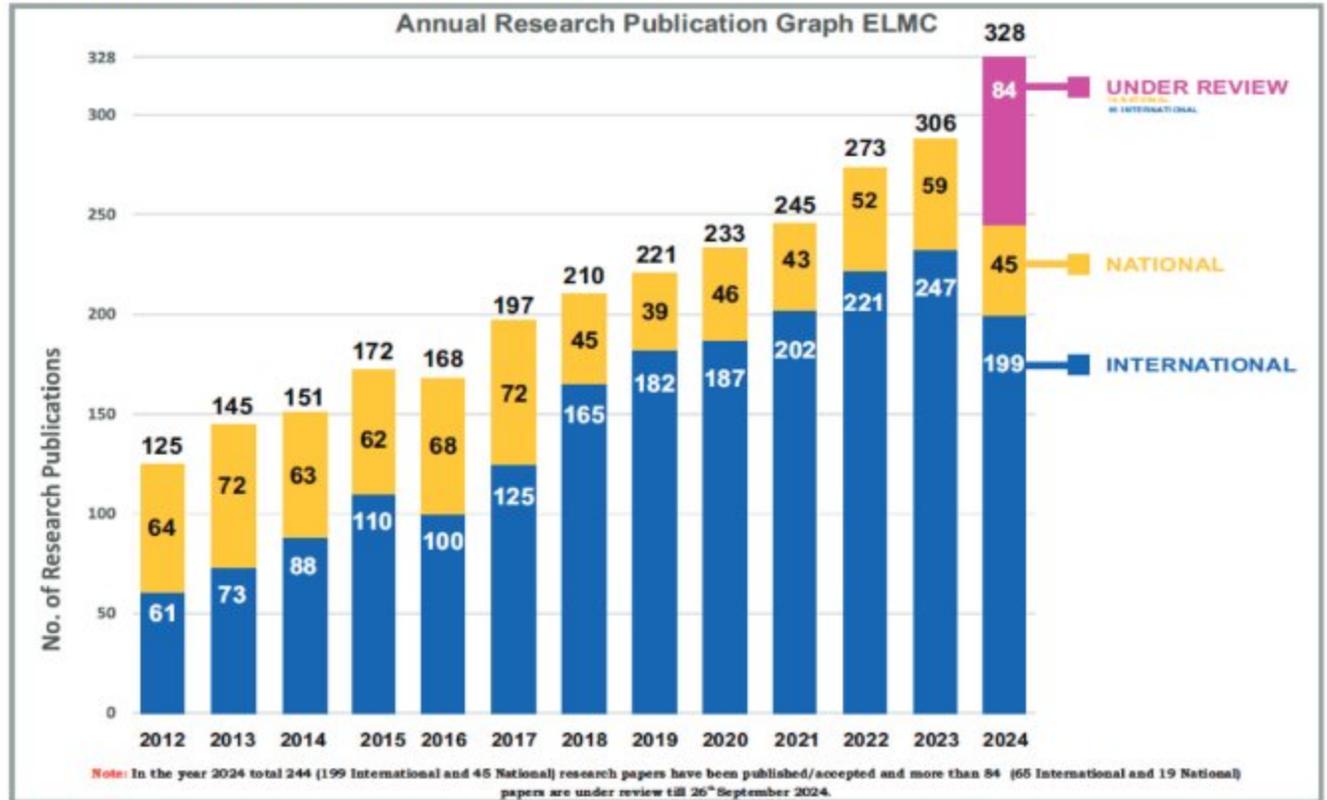
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Leading to India Today, The Week Hansa Research, Outlook & Dialogue India Survey 2023-24**

**EXCELLENCE IN RESEARCH**

In 2016, the leading British journal *Lancet* reported that just 4.3% medical institutions in India were publishing more than 100 research articles a year. It also stated that the research published by these institutes made up 40% of the total publications done by Indian medical institutes.

According to an article published in *The Times of India* in April, 2016, 332 out of the 576 medical institutes have failed to produce even a single research paper.

Since 2012, Era's Lucknow Medical College & Hospital is consistently publishing more than 100 research articles in the National and International peer reviewed journals and also Era's Lucknow Medical College & Hospital has the honour of being amongst the top 4.3% Indian Medical Institutes that are most actively contributing in the field of medical research.



**A TOP RANKING MEDICAL INSTITUTE - SURVEY - 2024**

Since 2013, Era's Lucknow Medical College and Hospital (ELMC&H) is consistently being ranked amongst India's top medical colleges in surveys done by *The Times of India*, *India Today*, *The Week* and *Outlook India*.

The average age of 24 colleges ranked up to 25 is 82.41 years old whereas Era's Lucknow Medical College and Hospital is 18 years old as by outlook survey 2019. ELMC is in fact the youngest private institute to have been ranked amongst the top medical colleges of India.

In the year 2019, Era's Lucknow Medical College and Hospital (ELMC&H) has achieved top most rankings in various standard surveys across India.

Era's Lucknow Medical College have once again secured Top Rank in the Surveys Conducted by *India Today*, *Outlook* and *The Week* in 2020 as a Top Ranking college in India among both Government and Private Medical Colleges.

In the year 2021, 2022 & 2023 ELMC&H has achieved top most rankings in various surveys across India.

For the year 2023 for the of 2024, Era's Lucknow Medical College & Hospital has been selected as the Best Private Medical College in Uttar Pradesh and Among top 10 Private Medical Colleges in India by the *The Week*, *Outlook* and *India Today* Ranking Survey.

At Era we have always worked for the cause and never for the praise. Such accolades only motivate us to do even better. Great team work has brought us this far and will take us further.

All of this is due to ELMC's culture of research, innovation and quality.



Private Medical College of North Zone in India



Best Emerging College Among all Medical College in India



Among all Private Medical Colleges in India



Among all Private Medical Colleges in India



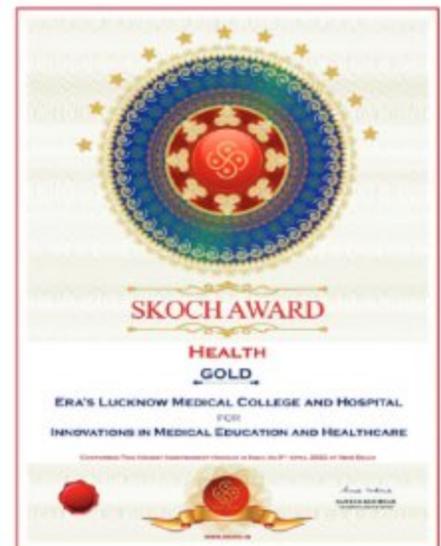
Among Government and Private Medical Colleges in India



Top Government and Private Medical College in India

**SKOCH AWARD**

Winner of the prestigious SKOCH Award (Gold) 2022, for the *Innovations in Medical Education and Health Care*



## Intramural Research Projects : 2023-2024

S. No.	Department	Name of Investigator	Designation	Title of The Projects	Status
1.	Biochemistry	Prof. (Dr.) Farzana Mahdi	Professor	Interdependence of Regional Wall Motion Abnormalities with Gene Expression of Enos and Ddah2 Genes Beyond Ejection Fraction in Stemi Patients.	Approved & Running
2.	Physiology	Dr. Syed Tahseen Raza	Assistant Professor	To Compare Cardio-Vascular Sympathetic Autonomic Variability In Normotensive Menstruating and Menopausal Working and Non-Working Women.	Approved & Running
3.	Food & Nutrition	Dr. Arvind K. Srivastava	Professor	Hepatoprotective Efficacy of Seeds of Bunium Persicm Against Various Hepatotoxicants Like Paracetamol, Rifampicin, Aflatoxin, Amanita Phalloides In Male Albino Rats.	Approved & Running
4.	Food & Nutrition	Dr. Arvind K. Srivastava	Professor	Efficacy of Polyherbal Formulation on Experimental Model of Metabolic Syndrome.	Approved & Running
5.	ENT	Dr. Rajeev Krishna Gupta	Assistant Professor	Inter Professional Approach to Clinical Skills in ENT Emergencies as an Elective Module for Medical Undergraduate Students: A Pilot Study.	Approved & Running
6.	Biotechnology	Dr. Ghizal Fatima	Associate Professor	Amalgamation of Circadian Clock Gene With Incidence of Myocardial Infarction.	Approved & Running
7.	Community Medicine	Dr. Shweta Rajpal	Assistant Professor	Study on Digital Addiction Among School Going Adolescent in Lucknow District.	Approved & Running
8.	Cardiology	Dr. Khalid Iqbal	Assistant Professor	Thiol Levels as Biomarker of Stress and Anxiety During Covid Pandemic in Healthy Population.	Approved & Running
9.	Medical Education	Dr. Savitri Thakur	Professor	Situational Analysis of Present Sociocultural Behavior, Belief and Practices during Peri Natal Period in Rural Areas of Lucknow, Uttar Pradesh.	Approved & Running
10.	Biotechnology	Dr. Ghizal Fatima	Associate Professor	Rhythmic alteration of Chronogenetic Biomarkers as Significant Clinical Factor in Patients with stage 1 of Sepsis.	Approved & Running
11.	Obst & Gynae	Dr. Shubhangi Srivastava	Assistant Professor	Neutrophil- Lymphocyte Ratio as a Biomarker of Adverse Fetomaternal Outcome in Pre-Eclampsia.	Approved & Running
12.	Pharmacology	Dr. Afroz Abidi	Professor	Comparison of Metoclopramide with Erythromycin and their combination in patients with Feed Intolerance, A Prospective Randomized Open Labeled Clinical Trial.	Approved & Running
14.	Community Medicine	Dr. Ruchi Chaturvedi	Associate Professor	Exploring Musculoskeletal Disorders and Ergonomic Challenges Among Software Professionals-A Cross Sectional Study.	Approved & Running
15.	Microbiology	Dr. Shadma Yaqoob	Professor	A Multicentric Study to Promote Antimicrobial and Diagnostic Stewardship in the Management of Uti: An Experiment in mentorship to expand the One Health Concept.	Approved & Running
16.	Biochemistry	Dr. Tasleem Raza	Professor	Association of Chek2, Lig4, Xpd, Xrcc4 and Xrcc6 Gene Polymorphism of DNA Repair With Risk of Newly Diagnosed Chronic Phase Chronic Myeloid Leukemia in North Indian Population.	Approved & Running

16.	Paediatrics	Dr. Shrish Bhatnagar	Professor	Comparative Efficacy of polyethylene glycol lactifiber in the treatment of chronic constipation in pediatric cerebral palsy patients: A randomized clinical trial.	Approved & Running
17.	Community Medicine	Dr. Avi Singh	Assistant Professor	An exploratory study on quality of life of the caregivers of patients suffering from disassociative disorders.	Approved & Running
18.	Biotechnology	Dr. Mohd. Faheem Khan	Assistant Professor	Design and fabrication of electrochemical sensor for the detection and measurement of L-Dopa in food samples.	Approved & Running
19.	Biotechnology	Dr. Mohd. Faheem Khan	Assistant Professor	Development of conformational dynamics-based computational methods and tools for the search of agonist/antagonist (Phytochemicals) at allosteric sites of dopamine receptor.	Approved & Running
20.	Community Medicine	Dr. Syed Abid Asghar	Assistant Professor	Evaluation of the Ayushman Bharat program in the field practice area of a Lucknow Tertiary Healthcare Facility - An exploratory study.	Approved & Running
21.	Paediatrics	Dr. Nazish	Senior Residence	Iron deficiency anemia in acute ischemic stroke: Where do we stand?	Approved & Running
22.	Critical Care Medicine	Dr. Mustahsin Malik	Associate Professor	Comparison of five video laryngoscopes in manikins by experienced and novice personnel.	Approved & Running
23.	Pathology	Dr. Sharique Ahmad	Professor	Comparative study of hematological findings in different automated hematological cell counters.	Approved & Running
24.	ENT	Dr. Anuja Bhargava	Professor	Introduction of simulation based training for workplace based assessment of medical interns for Anterior Nasal packing.	Approved & Running
25.	Pathology	Dr. Sharique Ahmad	Professor	Dependability of complete blood count parameters on various storage conditions.	Approved & Running
26.	Pathology	Dr. Sharique Ahmad	Professor	Role of hematological parameters in diagnosing neonatal sepsis.	Approved & Running
27.	Pathology	Dr. Sharique Ahmad	Professor	Study of Platelet larger cell ratio (P-LCR) in patients with dyslipidemia.	Approved & Running
28.	Paediatrics	Dr. Shrish Bhatnagar	Professor	Glycogen storage diseases (GSDs) in Indian children- Establishing an Indian GSD (I-GSD) Registry.	Approved & Running
29.	Paediatrics	Dr. Shalini Verma	Assistant Professor	A study on the perception of objective structured clinical examination among phase 3 Part 11 undergraduate medical students.	Approved & Running
30.	Paediatrics	Dr. Abhinav Agarwal	Assistant Professor	Knowledge and attitudes of undergraduate, interns and postgraduate medical students toward research ethics: A cross-sectional study.	Approved & Running
31.	Food & Nutrition	Dr. Arvind Kumar Srivastava	Professor	Determining Anti-diabetic, Antihyperlipidemic and Antiobesity activities in seeds of Bunium persicum on obese rat model mimicking type 2 human diabetes.	Approved & Running
32.	Biochemistry	Dr. Tariq Mahmood	Professor	A validation of indirect methods of low-density lipoprotein estimation in North Indian Population.	Approved & Running

## Extramural Research Project: Year 2021-2024

S. No.	Funding Agency	Year	Title of the project	Principal Investigator	Sanctioned Grant	Status
1.	CST, UP	14.08.2024	Development of novel antioxidant peptide inhibitors against PCSK-9 and HMG-Co-A-reductase to combat hypercholesterolemia: A molecular mechanistic study.	Dr. M. Salman khan	₹ 14,36,000.00	Sanctioned & Running
2.	CST, UP	14.08.2024	Temporal Insights: Exploring The Link Between Chrono-Genetic Circadian Biomarkers and Ambulatory Blood Pressure Monitoring In Women With Preeclampsia And Non-Preeclampsia For Early Diagnosis And Treatment Strategies.	Dr. Ghizal Fatima	₹ 15,36,000.00	Sanctioned Running
3.	CST, UP	01.12.2023	Development of a chick embryo permanent ischemic injury model using vasopressin: A step towards understanding the mechanisms underlying perinatal ischemia.	Dr. S. Shadab Raza	₹ 12,00,000.00	Sanctioned Running
4.	CST, UP	01.03.2023	Association of neurotransmitter gene polymorphism with their circulatory levels and early and late onset depression in geriatric population of Lucknow and adjoining areas.	Dr. Tabrez Jafar	₹ 11,94,000.00	Sanctioned & Running
5.	ICMR	28.03.2022	Design and Development of a Lectin-based Lateral Flow Assay Biosensor for Early and Rapid Diagnosis of SARS-CoV-2 infection.	Dr. Rumana Ahmad	₹ 25,00,000.00 (1 <sup>st</sup> Year Grant)	Sanctioned & Running
6.	ICMR	28.03.2022	To assess the Oxidative Stress, Toxic Metal Ions and Inflammatory Cytokines in Patients with Spinal Cord Injury: Implications in the pathogenesis of disease.	Dr. Ghizal Fatima	₹ 45,15,270.00	Sanctioned & Running
7.	ICMR	28.03.2022	Mutational landscape of signaling pathways, transcription factor epigenetic regulator, tumor suppressor, and spliceosome genes in newly diagnosed chronic phase-chronic myeloid leukemia cases in North India.	Dr. S. Tasleem Raza	₹ 33,51,560.00	Sanctioned
8.	ICMR	28.03.2022	An investigation into the anti-osteoporosis potential of Moringa oleifera lam as a promoter of bone growth and remodeling in bone loss and fracture-healing.	Dr. Rumana Ahmad	₹ 43,50,000.00	Sanctioned & Running
9.	ICMR	01.12.2021	Anticancer potential of active compounds from pulp extracts of Indian phalsa (grewia asiatica L.) fruits against human oral squamous cell carcinoma and their possible mechanisms.	Dr. Sahabjada	₹ 10,04,238.00	Completed
10.	CST, UP	23.03.2021	Circumventing multi drug resistant breast cancer via nano adjuvant oral multifunctional nano emulsion platform by incorporating taxanes with andrographolide.	Dr. Mohini Chaurasia	₹ 11,94,000.00	Sanctioned & Running

**Awards/Achievements Received by  
Faculty Members**

S. No.	Name of Faculty	Department	Date	Award/Achievement
1.	Prof. (Dr.) Abbas Ali Mahdi	Biochemistry	13-10-2023	Received <b>Kalamveer Chakra Award</b> at 43 <sup>rd</sup> National Kalamveer Day Event
2.	Dr. Sumit Asthana	Physiotherapy	08-09-2023	Awarded ' <b>Guest of Honor</b> ' at Walkathon on the occasion of World Physiotherapy Day, organized by IAP Lucknow Branch
3.	Dr. K. B. Gupta	Respiratory Medicine	09/2023	<b>DR READY ORATION</b> by Indian Society for Study of Lung Cancer during National Conference of Lung Cancer
4.	Dr. Abhijeet Singh Dr. Himanshu Sharma Dr. Surabhi Sharma	Otorhinolaryngology(ENT)	09/2023	<b>1<sup>st</sup> Prize in ENT Quiz Competition</b> at Rama Medical College Kanpur
5.	Dr. Zia Abbas Naqvi	Physiotherapy	08-09-2023	Awarded ' <b>Guest of Honor</b> ' at Walkathon on the occasion of World Physiotherapy Day, organized by IAP Lucknow Branch
6.	Era College of Nursing	Era College of Nursing	12-09-2023	Awarded <b>QCI Grade 'A'</b> by Uttar Pradesh State Medical Faculty (UPSMF)
7.	Dr. Anurag Kumar	Orthopaedics	30-09-2023	<b>1<sup>st</sup> Position</b> in 4 <sup>th</sup> Biennial Cochin International Orthopaedics Summit 2023. <b>Topic</b> – Fracture Dislocation C7-T1 Vertebrae with Neurological Deficit Treated with Crutchfield Tong Skeletal Traction and Lateral Mass Screw and Pedicle Screw Fixation
9.	Dr. Kshipra Trivedi	Obst. & Gyne	30-09-2023	<b>2nd Prize</b> for Poster Presentation in ISOPARB, Aligarh on 29 <sup>th</sup> & 30 <sup>th</sup> September, 2023
10.	Dr. Ruchita Raikar	Anesthesia	16-10-2023	<b>1<sup>st</sup> Prize in Poster Competition</b> Event on the occasion of World Anesthesia Day, organized by Indian Society of Anesthesiologist (Lucknow Chapter). <b>Topic</b> – Artificial Intelligence and Anesthesia
11.	Dr. Rajendra Prasad	Respiratory Medicine	21-11-2023	Honored with <b>Robert Koch Oration Award 2023</b> for Exceptional Tuberculosis contributions by U.P. T.B. Association
12.	Dr. Anuja Bhargava	Otorhinolaryngology(ENT)	16-12-2023	<b>Award as Best Paper Presentation</b> for Titled "A Step Ladder Approach for Effective Curriculum Implementation of IPCP (International Collaborative Practice) skills Module"
13.	Dr. Rajendra Prasad	Respiratory Medicine	28-12-2023	<b>Dr. R.V. Rajam Academic Oration Award 2023</b> by National Academy of Medical Sciences (NAMS) and <b>Honored with Professor Emeritus Award</b> of Indian Medical Association (IMA)
14.	Dr. Ruchita Raikar	Anesthesia	07-02-2024	<b>3<sup>rd</sup> Prize in Case Presentation of Poster</b> Event on the occasion of PMIC-2024 Conference, organized by KGMU, Lucknow (U.P.) <b>Topic</b> – Difficult Intubation in a patient with Grade-4 Tonsillar Hypertrophy with right-sided deviate Nasal Septum with B/L inferior Turbinate Hypertrophy
15.	Prof. Sharique Ahmad	Pathology	02/2024	<b>Certificate Course</b> on Advanced Programme on Leadership in Digital Era
16.	Dr. Badri Vishal (PT)	Physiotherapy	14-04-2024	Awarded <b>Best Academician (Junior Category) award</b> at ICPTA-2024, 2 <sup>nd</sup> International Conference of Physiotherapy in Agra on 14 <sup>th</sup> April, 2024
17.	Dr. Arif Rizvi (PT)	Physiotherapy	14-04-2024	Awarded <b>Best Academician (Junior Category) award</b> at ICPTA-2024, 2 <sup>nd</sup> International Conference of Physiotherapy in Agra on 14 <sup>th</sup> April, 2024
18.	Prof. Nishi Tandon	Pathology	01-07-2024	<b>Certificate of Honour</b> by Indian Medical Association Lucknow
19.	Dr. Sucheta P. Dandekar	Biochemistry	06-07-2024	<b>Dr. Rita Sood Memorial Oration &amp; Lifetime Achievement Award</b> by MEU India
20.	Prof. Sharique Ahmad	Pathology	2024	<b>International Mentor Award and Global Directory of Educators and Researchers</b> by International Institute of Organized Research (I2OR)
21.	Dr. Rajendra Prasad	Respiratory Medicine	2024	<b>Lifetime Achievement Award</b> by Indian College of Allergy, Asthma and Applied Immunology 2024
22.	Dr. Seema Singh	Physiology	2024	<b>Certificate Course in Stress Management &amp; Well-Being</b> by Indian Council of Professional Education Mission

**Books/Book Chapter published by  
Faculty Members**

S. No.	Name of Faculty and Department	Name of the Book/ Chapter	Date of Publication	ISBN No.	Name of the Publisher
1.	Prof. Farzana Mahdi Prof. Abbas Ali Mahdi	Precision Medicine and Human Health	2024	978-981-5223-59-0	Bentham Science Publishers Pte. Ltd. Singapore
2.	Dr. Badri Vishal, Physiotherapy	Recent Advances in Physiotherapy ; Edited Book Vol-02 (Chapter 04 & 16)	2023	978-93-90229-87-1	SDR Innovays India Pvt. Ltd., Kavya Publication
3.	Dr. Sharique Ahmad, Pushpendra D. Pratap, Syed Tasleem Raza, Saeeda Wasim of Pathology	Non Coding RNAs : Emerging Functions and Implications in Cerical Cancer (Chapter-1)	2023	International	Cutting Edge of Research in Biology Vol-4, Chapter-1
4.	Dr. Sharique Ahmad, Pushpendra D. Pratap, Alina Kazmi of Pathology	Emerging Role of Free Radicals and Therapeutic Approach Towards Antioxidants in Childhood Disorders (Chapter-2)	2023	International	Current Overview on Disease and Health Research Vol-11, Chapter-2
5.	Dr. Ekta A Andriyas, MLT	Lab Manual for Medical Laboratory Technology	-	978-93-92330-62-9	JBD Publication, Jaipur (Rajasthan)
6.	Dr. Tehzeeb Fatima, Physiotherapy	Current Advances in Physical Education & Sports Science (Vol-3)	2024		Akinik Publication
7.	Ms. Sonia Agnes Singh, Era College of Nursing	Midwifery Casebook	2024	978-81-953874-5-8	Paramediq Books
8.	Prof. Sharique Ahmad, Pathology	Micro RNA as Markers Involved in the Progression of Cervical Cancer Furestic Trends in Medical Science	2024	International	IIP Series, Vol-3, Book- 26 Part 3, Chapter-4
9.	Prof. Sharique Ahmad, Pathology	Assisted Reproductive Techniques: When to Refer the Perspective and Futuristic Techniques for the Diagnosis of Cancer Disease	2024	International	IIP Series
10.	Prof. Sharique Ahmad, Pathology	Emergent Recombinant Proteins in Clinical Diagnostics Published in "Futuristic Trends in Medical Science"	2024	International	IIP Series
11.	Prof. Sharique Ahmad, Pathology	Futuristic Trends in Medical Science Blockchain Technology in Medical Science	2024	International	IIP Series
12.	Prof. Sharique Ahmad, Pathology	Application of Organoids in Medical Research	2024	International	IIP Series
13.	Prof. Sharique Ahmad, Pathology	Futuristic approaches of 3dbio printing in Healthcare and Regenerative Medicine	2024	International	IIP Series
14.	Dr. Sucheta P. Dandekar, Biochemistry	Global Medical Education in Normal and Challenging Time <b>Chapter – Mentoring During Routine and Difficult Time</b> <b>Chapter – Self Directed Learning</b> <b>Chapter – Academic Leadership</b>	2024	978-3-031-51243-8	Springer
15.	Dr. Apama Misra, Biochemistry	Biochemical Immunology of Diabetes and Associated Complications <b>Chapter 6 - Immune Response and Biochemical connection in Diabetes Mellitus</b> <b>Chapter 14 - Role of Synbiotics in the treatment of Diabetes Mellitus</b>	2024	04.43131961, 9780443131967	Elsevier
16.	Dr. Anu Chandra, Biochemistry	Biochemical Immunology of Diabetes and Associated Complications <b>Chapter 6 - Immune Response and Biochemical connection in Diabetes Mellitus</b>	2024	04.43131961, 9780443131967	Elsevier
17.	Dr. Gazala Afrin, Biochemistry	Biochemical Immunology of Diabetes and Associated Complications <b>Chapter 14 - Role of Synbiotics in the treatment of Diabetes Mellitus</b>	2024	04.43131961, 9780443131967	Elsevier
18.	Dr. Asfia Khan, Biochemistry	Biochemical Immunology of Diabetes and Associated Complications <b>Chapter 6 - Immune Response and Biochemical connection in Diabetes Mellitus</b>	2024	04.43131961, 9780443131967	Elsevier
19.	Ms. Afrin Khan Ph.D. Scholar Biochemistry	Biochemical Immunology of Diabetes and Associated Complications <b>Chapter 6 - Immune Response and Biochemical connection in Diabetes Mellitus</b>	2024	04.43131961, 9780443131967	Elsevier





Era's Lucknow Medical College and Hospital Has Been Ranked Among the Top Medical Colleges of India

**3<sup>rd</sup> THE WEEK**

Private Medical College of North Zone in India

**9<sup>th</sup> INDIA TODAY**

Best Emerging College Among all Medical Colleges in India

**10<sup>th</sup> Outlook**

Among all Private Medical Colleges in India

**11<sup>th</sup> THE WEEK**

Among all Private Medical Colleges in India

**29<sup>th</sup> THE WEEK**

Among Government and Private Medical Colleges in India

## COURSES OFFERED

### MEDICAL

- M.B.B.S
  - M.D and M.S
  - Fellowship and PDCC
- Register on [www.elmcindia.org](http://www.elmcindia.org)

### PHARMACY

- Diploma in Pharmacy (D.Pharm.)
  - Bachelor of Pharmacy (B.Pharm.)
- MASTER OF PHARMACY (M.Pharm.)**
- Pharmaceutics

### NURSING

#### CERTIFICATE COURSE

- Infection, Prevention and Control



#### DIPLOMA

- Auxiliary Nursing and Midwifery (A.N.M. 2 Yrs)

#### BACHELOR OF SCIENCE (B.Sc.)

- Post Basic Bachelor of Science in Nursing (P.B.B.Sc. 2 Yrs)

#### MASTER OF SCIENCE (M.Sc.)

- Medical Surgical Nursing
- Child Health Nursing (Paediatrics)
- Obstetrics and Gynaecology Nursing
- Mental Health Nursing (Psychiatric)
- Community Health Nursing

### LIBERAL ARTS & SCIENCES

- B.Sc. / B.A. Multidisciplinary Liberal Education

### MANAGEMENT

- Master in Hospital Administration (MHA)

### MEDICAL & ALLIED SCIENCES

#### DIPLOMA

- C.T. Scan
- M.R.I. Technician
- Lab Technician
- Dialysis Technician
- X-Ray Technician
- Optometry
- Anesthesia and Critical Care Technology
- Audio and Speech Therapy Technician
- BCG Technician and Tuberculosis Programme Management
- Respiratory Technician
- Minimal Access Surgical Technician
- Neonatal Care Technician
- Orthopaedic and Plaster Technician
- Prosthetic and Orthotic Technician
- Emergency and Trauma Care
- Intervention Radiology Technician
- Physiotherapy
- Clinical and Therapeutic Nutritionist



#### POST GRADUATE COURSES

- Master in Radio Imaging Technology
- Master in Medical Laboratory Technology
- Master in Optometry
- Master in Physiotherapy

### COMPUTER SCIENCE

- Bachelor in Computer Application (B.C.A. 3 Yrs)
- Master in Computer Application (M.C.A.)

### SCIENCES

#### BACHELOR OF SCIENCE (B.Sc.)

- Food and Nutrition
- Biotechnology

#### MASTER OF SCIENCE (M.Sc.)

- Clinical Psychology
- Food and Nutrition
- Biotechnology
- Medical Physiology
- Medical Biochemistry
- Medical Microbiology
- Medical Pharmacology
- Medical Anatomy

#### Ph.D PROGRAMMES

- Medical Anatomy
- Medical Biochemistry
- Medical Microbiology
- Medical Physiology
- Medical Pharmacology
- Molecular Medicine
- Molecular Biology and Genetics
- Pathology
- Biotechnology
- Biochemistry
- Nursing
- Pharmacy
- Public Health
- Food and Nutrition
- Clinical Psychology
- Nanoscience and Nanotechnology
- Stem Cell Biology and Regenerative Medicine
- Radio Imaging Technology
- Medical Lab Technology
- Physiotherapy
- Optometry
- Chemistry
- Computer Science
- English

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